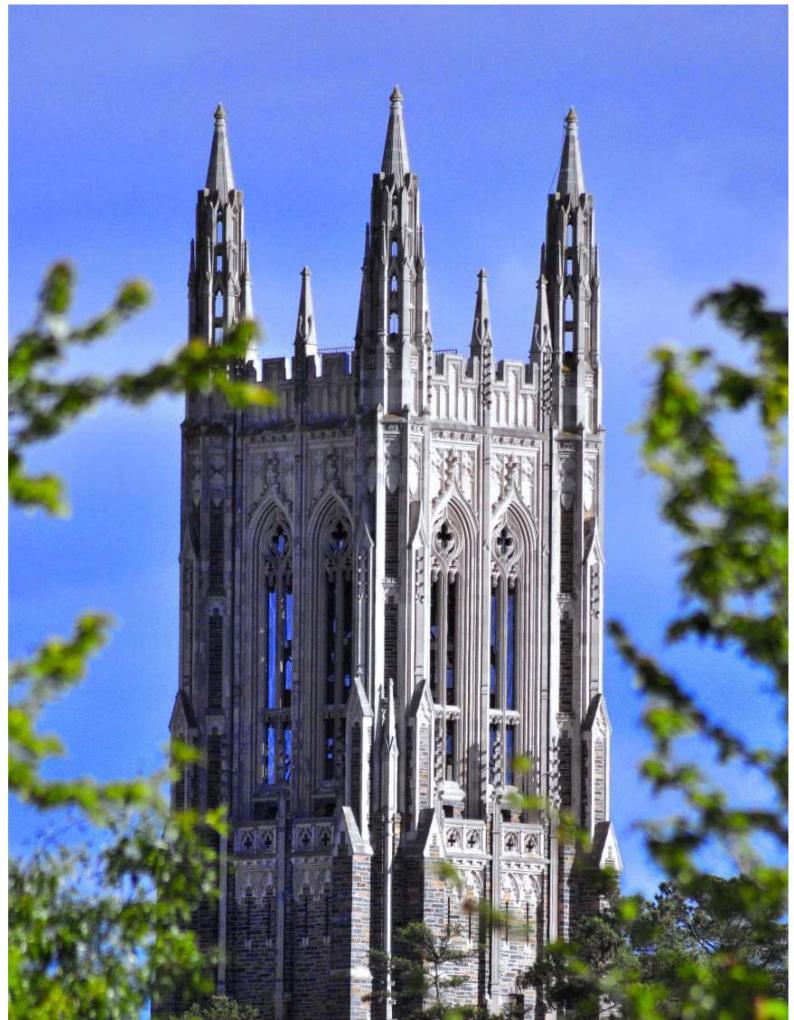


Duke

GLOBAL HEALTH  
INSTITUTE

2025-2026  
Student  
Resource  
Guide



## **Table of Contents**

DGHI has assembled a variety of links to resources that will help you get to know and navigate Durham and Duke University. This is not an exhaustive list. Please feel free to [send suggestions](#) for additions to this guide as you find them!

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# Durham, NC

[Durham](#) is one of three communities that makes up the area known nationally as the Research Triangle, or “the Triangle,” with Raleigh and Chapel Hill serving as the other two points. Durham is in the midst of an enormous growth period and the region has quickly grown into a diverse metropolitan area with a growing research and start-up presence in the fields of computer science and technology, biomedical sciences and healthcare, pharmaceuticals, and many other fields. Global health has a strong presence in many of the sectors represented.

## **Transportation around Durham**

- [GoDurham Transit](#)
  - Duke students can receive a [FREE GoPass](#) bus pass (through Duke transportation).
  - A complete list of [GoDurham](#) bus routes and timetables can be found on their site.
- [GoTriangle](#)
  - Connects Raleigh, Durham, and Chapel Hill metro area
  - Takes passengers between popular destinations, cultural sites, the airport, and other locations
- [GoPass](#)
  - Allows for unlimited free rides on all GoDurham, GoTriangle, and GoRaleigh buses
  - Duke students can secure a free GoPass (see above)
  - Currently NOT necessary, as all buses are fare-free; Duke will communicate about passes if fares are re-instated during the 2022-2023 academic year

## **Grocery Stores**

### **Within walking distance from DGHI**

- Whole Foods - 621 Broad St. (27705)
- Harris Teeter - 2107 Hillsborough Rd. (27705)
- Food Lion - 4621 Hillsborough Rd. (27705)

### **Reachable via GoDurham bus**

- Durham Co-Op Market - 1111 W Chapel Hill St. (27701)
- SuperTarget - 4037 Durham Chapel Hill Blvd. (27707)
- Walmart Supercenter - 5450 New Hope Commons Dr. (27707)

### **Specialty Grocery Stores**

- Al-Taiba Market (Halal Meat) - 1008 West Chapel Hill St. (27701)
- Around the World Market (Indian) - 1708 E. NC Highway 54 (27713)
- Li Ming's Global Market (East Asian) - 3400 Westgate Dr. (27707)
- Tienda Mi Barrio (Mexican) - 2405 Guess Rd. (27705)
- Compare Foods (International) - 1233 University Dr. (27707)
- Food World (Latin American & African) - 401 E Lakewood Ave. (27707)

## Entertainment

### Music & Shows

- [Durham Performing Arts Center](#)
- [Motorco](#)
- [Carolina Theater](#)
- [The Pinhook](#)

### Triangle Professional Athletics

- [Durham Bulls](#) (baseball)
- [Carolina Hurricanes](#) (hockey)
- [North Carolina Football Club](#) (men's soccer)
- [North Carolina Courage](#) (women's soccer)

### Other Notable Areas/Locations

- [9<sup>th</sup> Street](#)
- [Downtown/Durham Central Park area](#) ([including the Saturday Durham Farmers Market](#))
- [American Tobacco Campus](#)
- [The Streets at Southpoint](#) (Shopping Mall)

## Outdoor Recreation & Travel Destinations

There are plenty of opportunities to enjoy nature within and near the Triangle.

### Outdoor Destinations a short drive from Durham

- [UNC Botanical Garden](#)
- [Eno River State Park](#)
- [Brumley Nature Preserve](#) ([Triangle Land Conservancy](#))
- [American Tobacco Trail](#)
- [William B. Umstead State Park](#)
- [Jordan Lake](#)
- [Falls Lake](#)
- [Durham Dog Parks](#)

Durham is also located a convenient distance from many popular weekend travel destinations.

### Popular Weekend Trips

- Charlotte, NC (3 hours, Amtrak train/bus lines available)
- Asheville, NC (4 hours driving)
- Great Smoky Mountains (5 hours driving)
- NC Beaches/Wilmington to Outer Banks, NC (2.5-5 hours driving)
- Charleston, SC (5 hours driving)
- Washington, DC (4-5 hours; Amtrak/bus lines available)
- [Blue Ridge Parkway](#)

- [North Carolina State Parks](#)
- [Virginia State Parks](#)

## Restaurants, Cafés, & Bars

Durham is home to many wonderful restaurants, cafes, and breweries. We have listed a few popular ones here, but there are countless others.

### Popular Restaurants & Cafes

- [Foster's Market](#)
- [Parker & Otis](#)
- [Guglhupf](#)
- [Cocoa Cinnamon](#)
- [GoJo by Goorsha](#)
- [Joe Van Gogh](#)
- [Shiki and Tasu Asian Bistro](#)
- [Sitar Indian Cuisine](#)
- [Goorsha \(Ethiopian cuisine\)](#)
- [Zweli's Kitchen and Catering \(Zimbabwean cuisine\)](#)
- And so many more...

### Popular Bars & Breweries

- [Fullsteam](#) (owned by Sanford School alumni; dog friendly inside/outside)
- [Bull McCabe's](#) (dog friendly outside, weekly trivia)
- [Bull City Ciderworks](#) (dog friendly inside/outside)
- [Durty Bull Brewing](#) (dog friendly inside/outside)
- [Hi-Wire Brewing](#) (dog friendly inside/outside)
- [Ponyaurus](#) (mostly outdoor seating)
- [DaKine's Kava](#) (non-alcoholic)
- And so many more...

### Located Near DGHI

- **9<sup>th</sup> Street & Erwin Mill (15-20 minute walk)**
  - [Cosmic Cantina](#)
  - [Monuts](#)
  - [Guasaca](#)
  - [Elmo's Diner](#)
  - [JuJu](#)
  - [Mad Hatters](#)
  - [Bahn's Cuisine](#)
- **Pavilion East**
  - [Chipotle](#)
  - [Enzo's Pizza](#)
  - [Mediterra](#)
  - [Itaewon Grill](#)

## Household Furnishings and Thrift Stores

**Thrift Stores** (furniture, dishware, clothing, and almost anything else):

- Scrap Exchange Thrift - <https://scrapexchange.org/retail/retail-store/scrap-thrift/>  
*2050 Chapel Hill Road, Durham, NC 27707*
- Nearly New Thrift Shop - <https://www.newnearlynew.com/>  
*3167 Hillsborough Road, Durham, NC 27705*
- TROSA - <https://www.trosainc.org/trosa-thrift-store>  
*3500 North Roxboro Street, Durham, NC 27704*
- Habitat ReStore - <https://www.durhamhabitat.org/restore>  
*5501 Durham-Chapel Hill Blvd, Durham, NC 27707*

**At Duke:**

- DukeList – <https://dukelist.duke.edu> (Duke-community classified ads)
- Community Pantry - <https://gpsg.duke.edu/resources-for-students/community-pantry/>

**Local Facebook groups:**

- Bull City Shares - <https://www.facebook.com/groups/652917181485500>
  - Private group, must ask to be invited (but the group is welcoming and inclusive)
  - Can post things or request needs – NO money can be exchanged or requested
- A variety of other hyper-local “Buy Nothing” groups exist on Facebook – you can search for Buy Nothing Durham groups and find the one that most closely matches your neighborhood.

# Duke University

The DGHI Education Team maintains the MS-GH Sakai site, which is used to house program and/or cohort-specific information and to share announcements and opportunities throughout the year. In addition, vast resources are available to you across Duke's campus. We have highlighted some of them here. As stated above, this is not an exhaustive list. Please feel free to [send suggestions](#) for additions to this guide as you find them!

## Academic Resources

### Information Technology

#### [Office of Information Technology](#) (OIT)

- Manages Duke's central technology infrastructure
- Students with issues/questions about their Net ID and email should contact OIT

### Libraries

#### [Perkins & Bostock Libraries](#)

- Students can use the library to find books, articles, e-books, citation sources, music, movies, magazines, and more
- Rooms are available to reserve for study groups, presentation practice, and interviews
- 2022/2023 hours TBD
- Duke boasts 10 additional libraries including the Goodson Law Library, the Divinity School Library, and the Music Library

#### [Data and Visualization Services](#)

- Consulting, training and workshops, and online tutorials on data visualization

#### [The Link](#)

- Study space, OIT Service Desk/tech support, and equipment loans
- The Link is open whenever the Perkins Library is open

### Writing, Research Design, and Data Analysis Support

#### [DGHI Research Design & Analysis Core](#)

- Uses rigorous design and analytic methods to strengthen global health research and education through meaningful collaboration with its faculty and students
- Students can request methodological advice related to their MS-GH thesis projects

#### [Office of Research Support](#)

- This office encompasses many Duke IRB resources and processes
- While the webpage contains important information, **please work closely with your research mentor and Lysa MacKeen** as you navigate and prepare submissions

#### Social Science Research Institute

- Individual consulting (Connection Bar) and workshops on both qualitative and quantitative methods

#### Thompson Writing Studio

- Individual appointments and Graduate Writing Lab opportunities

## Accessibility

#### Student Disability Access Office

- Works with students individually to establish academic accommodations and auxiliary aids and services

## Health & Wellness

#### Duke Student Health

- Primary source for a wide range of healthcare services for all Duke students
- Many services are covered by the student health fee

#### Duke Counseling & Psychological Services (CAPS)

- Staff includes psychologists, clinical social workers, and psychiatrists experienced in working with college-age adults
- Services include brief individual and group counseling, couples counseling and more

#### Student Wellness Center

- Where the Duke Student Health Center is located
- Offers a variety of wellness resources and workshops that are free for students

#### Recreation & Physical Fitness

- The Wilson & Brodie Recreation Centers are the most popular among students
- Cardio machines, weights, and group fitness classes
- Brodie Aquatics Center is available for fitness swimming
- Information about intramural sports teams can also be found through the above link
- Fall 2021 access/hours TBD

#### Nutrition Services

- Students can meet with a registered dietitian to receive a nutrition consultation
- Offers professional assessments and referrals for students with eating and body image concerns
- Website includes information regarding healthy eating, self-care, and dietary restrictions

#### Blue Devils Care

- A 24/7 mental telehealth service to support all Duke Students at no cost
- Students can either schedule telehealth counseling appointments with a provider or call at any time to be matched with an on-demand mental health support person

#### Duke Reach

- Provides comprehensive services to identify and support students in managing all aspects of their well-being

- Students can receive case management services, post-hospitalization support, and core coordination

International students are required to enroll in Duke's [Student Medical Insurance Plan](#) (SMIP), though domestic students have the right to accept or waive coverage. Please review information carefully on the [Student Health website](#).

## Administrative

### Visa Services for International Students

#### [Duke Visa Services](#)

- Central office for all administrative processes related to study visas for international students
- All new or initial students, scholars, employees, and visitors must register through the Visa Services Office (including individuals holding F-1, J-1, and other visa types)

### Financial Aid/Student Accounts

#### [Financial Aid Office](#)

- Oversees all applications for financial assistance and manages the disbursements of financial aid for all Duke students; Graduate School Financial Aid contact – [grad-finaid@duke.edu](mailto:grad-finaid@duke.edu)
- See FAQ page for links to internal and external funding sources, personal finance resources, and frequently asked questions

#### [Bursars Office/Student Accounts](#)

- Website includes information about expected billing dates, making payments, etc.
- Student invoices are available through DukeHub

### Academic Calendars and Enrollment

#### [Registrar's Office](#)

- Many enrollment and registration questions can be answered by your DGHI Student Services Coordinator, so don't hesitate to ask. But, the Registrar's Office has links to the academic calendar, transcript request forms, and other useful information.

## Professional Development

### [Career Center](#)

- Provides students with services including resume/CV guidance, career advising, and hosting learning and networking events

### Graduate School Professional Development Resources

- Provides programs, resources, and events to aid students in identifying potential career paths, developing skills to compete for jobs, and to managing their careers
- Annual (spring) [Duke Graduate School Emerging Leaders Institute](#) is an in-depth, cross-departmental professional development program for Graduate School students and postdocs, designed to prepare you to perform as competent, confident, and effective leaders at Duke and beyond.

### Duke Interdisciplinary Social Innovators

- Brings together interdisciplinary graduate student teams that provide pro bono consulting services to social organizations in Durham and beyond

### North Carolina Global Health Alliance

- Provides connection between and programming for the global health community – academic and professional – in central North Carolina
- Duke students receive membership through Duke's membership, as an "affiliated member."

## **Housing & Transportation**

### **Housing**

On-campus housing is very limited for graduate students at Duke, with priority to first year students coming from outside of the US. More information on the application for this housing is here:

<https://studentaffairs.duke.edu/hdrl/graduate-professional-students/graduate-living-campus>

For most of you, the responsibility to secure their own off-campus housing is yours, so here are some resources to help you! We also encourage you to reach out through the [MS-GH Facebook](#) group for peer advice as you begin your housing search.

### NearDuke

- Operated by the Duke Chronicle, Duke's student newspaper
- Features houses, rooms, and apartments available for rent

### DukeList

- Classifieds list open only to those with a Duke NetID
- Contains resources including housing, roommates, furniture, services, job opportunities, etc.

### International House Listserv

- Features campus & transportation maps, house hunting tips, and helpful email listserves
- May prove especially helpful for international students

### Subsidized Off Campus Housing

- Lancaster Commons is a new off campus apartment complex reserved entirely for Duke Graduate and Professional students. Located a short drive away from campus
- Interested students should fill out this [interest form](#)

\*\*\*Please note the information on [after-hours vans](#) below – these operate within a certain radius of Duke, which may help you narrow your housing search to locations closer to campus.

### **Transportation & Getting Around Campus**

#### Parking and Transportation

- Students who drive to campus are eligible for [permits](#) based on their program; you can request a permit for a designated Grad Student lot close to DGHI – the default student lot is not close by.
- Street parking may also be available adjacent to campus, though not guaranteed, and always a short walk away from Trent.
- Students can purchase an [after-hours permit](#) to park on campus for free Monday through Friday from 5pm – 7am, and all day on Saturday and Sunday

#### Duke Maps

- A searchable map of campus that includes information on bus routes, parking lots, bike racks, short-term rental cars, and other transportation options.
- Provides detailed information on individual buildings, on-campus dining amenities, and much more.

#### Duke Transit Buses

- Duke has its own free bus system that will take you all over campus
- Campus routes are available on the website
- Smartphone owners can find bus routes and track arrival times using the Rider app

#### Duke Vans\*\*\*

- Door-to-door shuttle service open to all Duke University students, faculty, and staff.
- Provides free, on-demand van transportation from dusk to dawn (5:00pm - 6:45am) when/where Duke Transit is not in service
- Please note that Duke Vans does have geographic boundaries limiting how far from campus they can go to pick up or drop off passengers. Please review the Duke Vans site to verify their geographic boundaries.

#### Carpool Program

- Free and convenient parking for groups of 2 or 3 people
- You may register as a 2 or 3-person carpool to receive a permit from Transportation and Parking Services
- Unless you register as a single-car-carpool, each participant receives up to two daily parking passes per month for days they need to drive alone

#### Duke LiveSafe

- This is a free mobile app that offers real-time, two-way communication between Duke Community members and the Duke University Police Department
- The app is equipped with Emergency Contact and Safewalk features

#### Duke Police Safety Escorts

- Police are stationed at bus stops around West, East, and Central Campuses and the Blue Zone parking lot and will walk with you if you feel unsafe
- If a security officer is not stationed where you are beginning your walk, you may request an escort by calling 919-684-2444

## Campus Life

### Activities

#### International House

- Great orientation and support resources for international students, including conversation groups, shopping trips, and cross-cultural workshops
- Workshops and conversational/language partner opportunities are open to ALL Duke students, regardless of citizenship

#### Duke Student Affairs and Campus Life

- A wide variety of resources, including the Career Center
- Cultural and/or identity centers and resources
- [Graduate and Professional Student Community](#) links

#### The Bryan Center

- Serves as the home to many student-oriented offices, meeting spaces, restaurants, and more.
- Contains [Campus Mail Services](#), the [Duke Barbers](#), the [Duke University Store](#), the [Center for Multicultural Affairs](#), the [University Center for Activities & Events](#), and much more

#### Sarah P. Duke Gardens

- 55 acre collection of gardens including more than five miles of pathways through unique gardens and surroundings
- Very close to Trent Hall for walks and outdoor study spots

#### Duke Performances —students receive free or reduced tickets to many types of events!

Two primary venues for Duke Performances include:

#### Rubenstein Arts Center at Duke University

- This venue serves as a hub for artistic production at Duke University and a new arts venue for the Triangle. Public programs—including performances, film screenings and

exhibitions—take place at “The Ruby” which is also home to the programs in Dance, Arts of the Moving Image, and Duke’s student-run radio station (WXDU 88.7 FM)

#### Baldwin Auditorium

- This 685-seat venue located on Duke’s East Campus is considered one of the premiere small venues for classical music in the Southeast. Baldwin Auditorium serves as the primary stage for classical, acoustic, and other musical performances at Duke.

#### Duke Chapel

- An iconic part of campus and the Duke community.
- Serves as an interdenominational Christian church and a schedule of services can be found on their website
- Evening bells (carillon), and musical performances throughout the year

#### Nasher Museum of Art

- 65,000-square-foot building that hosts a rotating series of art exhibits that travel worldwide
- Admission is free to Duke University students, staff, and faculty with their Duke ID; \$4 for non-Duke students with their student ID.
- Currently closed to visitors for in-person visits; re-opening TBD

#### The Duke Lemur Center

- “...the world’s largest and most diverse collection of lemurs – Earth’s most threatened group of mammals – outside of Madagascar.”
- Reservations required for visitors

#### Duke Arts Annex

- Houses studio arts (ceramics, screen printing, and visual arts), rehearsal, and programming spaces
- Hosts the DukeCreate Workshop series and welcomes student groups and programs
- Admission and materials are free to all current Duke students

### **Recreation and Team Athletics**

#### Duke Team Athletics

- NCAA Division I athletics program
- Many sports offer free or very low cost tickets to Duke students
- Fall semester sports include football, women’s soccer, men’s basketball, and women’s basketball; spring semester sports include men’s basketball, women’s basketball, men’s lacrosse, women’s lacrosse, men’s baseball, track and field, and women’s softball
- Duke Men’s Basketball (MBB) is the most popular Duke Athletics sport, and watching a game at Cameron Stadium is definitely a strongly recommended experience while at Duke. There are several ways to get tickets for a Duke men’s basketball game (all TBD at this point, as policies change each year).

#### Recreational Intramural Sports and Group Fitness

- Opportunities to form or join teams

- Structured fitness classes and programs

#### Duke Outdoor Adventures

- Equipment rental
- Recreational/adventure travel planning support

### **Community & Social Groups (so many groups!)**

[Black Graduate and Professional Student Association](#)

[Center for Muslim Life](#)

[Duke African Graduate and Professional Student Association](#)

[Duke Campus Farm](#)

[Duke Catholic Center](#)

[Duke Office for Civic Engagement](#)

[Duke Diversity Centers](#)

[Duke Forest](#)

[Duke Graduate and Professional Student Council](#)

[Duke Recreation](#)

[Freeman Center for Jewish Life](#)

[Graduate and Professional Women's Network](#)

[Latina/o Graduate Student Association](#)

[Mary Lou Williams Center for Black Culture](#)

[Women's Center](#)

[Religious Life Organizations](#)

[Center for Sexual and Gender Diversity](#)

[Duke F1RSTS](#)

### **Dining**

#### Duke Student Affairs

- General information about student dining options on campus

#### The Broadhead Center

- Located on West Campus, near The Bryan Center
- A multi-use dining, event, and study room space located.

#### **Near-DGHI Food Options**

- The closest food option to DGHI is the nursing school café, with a selection of breakfast options, wraps, sandwiches, and soups.
- The medical center has a food court in the basement (Starbucks, Subway, Chick-Fil-A, Guasaca, Sushi, Makus Empanadas, etc.)

#### **Other Food Resources**

- [Free Food Calendar](#)
- Graduate and Professional Student Council (GPSC) [Community Pantry](#)
  - Stocked with nonperishable foods, childcare items, school supplies, and gently used professional clothing

- Check website for hours
- A valid graduate or professional Duke student ID is required for entry

## Community Service Resources

### Opportunities through Duke University

- [Duke Civic Engagement](#) – Online resources and one-on-one consultations are available to guide you through the questions to consider, the resources available to you, and the connections to make your community service and/or engagement efforts more effective, equitable and sustainable.
  - Maintained by the Duke Office of Durham and Community Affairs and Duke Civic Engagement, the [ConnectCommunity](#) page offers a list of current volunteer opportunities/needs submitted by organizations for Duke students, faculty, and staff.

### Listings through other Durham or Triangle-area organizations

- [The Triangle Nonprofit & Volunteer Leadership Center](#)
- [United Way of the Greater Triangle](#)
- [VolunteerMatch.org](#)

## Social Media

Duke University, its professional schools, institutes, and student organizations collectively have hundreds of social media profiles across various platforms. We will not list all of them here, but will include all of the ways to stay connected with Global Health and some of Duke's largest social media profiles:

Facebook	Instagram	Twitter
<a href="#">Duke University</a>	<a href="#">Duke University</a>	<a href="#">Duke University</a>
<a href="#">Duke Global Health Institute</a>	<a href="#">Duke Global Health Institute</a>	<a href="#">Duke Global Health Institute</a>
<a href="#">Duke Athletics</a>	<a href="#">Duke Athletics</a>	<a href="#">Duke Athletics</a>
<a href="#">Graduate and Professional Student Council</a>		<a href="#">Graduate and Professional Student Council</a>

[Global Health Graduate  
Students Association](#)

[Duke Master of Science in  
Global Health](#)

## **Additional Resources**

[Duke Events Calendar](#)

[Additional Graduate Student Resources](#)

[Graduate School Calendar of Events](#)