

CURRICULUM VITAE

Date Prepared: January 27, 2024

Name: Rae Jean Proeschold-Bell, Ph.D.

Academic appointments: Research Professor
Duke University Global Health Institute
Duke Center for Health Policy & Inequalities Research

EDUCATION

	<u>Institution</u>	<u>Date</u>	<u>Degree</u>
College	Duke University	1993	A.B., Psychology
Graduate School	Arizona State University	1998	M.A., Clinical-Community Psychology
Graduate School	Arizona State University	2003	Ph.D., Clinical-Community Psychology
Psychology Residency	Duke University Counseling and Psychological Services	2002-2003	

Dissertation:

Arizona State University, Department of Psychology, Clinical-Community Psychology
Dissertation title: *Psychological sense of community: Development of measures of its theoretical components*
Dissertation co-chairs: Mark Roosa and Carol Nemeroff

ACADEMIC APPOINTMENTS

July 2024 – present Deputy Director
Duke Center for Health Policy & Inequalities Research

February 2021 – present Research Professor
Duke University Global Health Institute
Duke Center for Health Policy & Inequalities Research

July 2015 – January 2021 Associate Research Professor
Duke University Global Health Institute
Duke Center for Health Policy & Inequalities Research

August 2009 – June 2015 Assistant Research Professor
Duke University Global Health Institute
Duke Center for Health Policy & Inequalities Research

May 2014 – July 2016	Director, DGHI Evidence Lab Duke Global Health Institute
May 2005 – July 2009	Research Scholar Duke Center for Health Policy, Law, and Management Terry Sanford Institute of Public Policy <i>Secondary appointment:</i> Duke University Medical Center Department of Community and Family Medicine
December 2003 – April 2005	Research Associate Duke Center for Health Policy, Law, and Management

AREAS OF RESEARCH INTEREST

Positive mental health
Behavior change interventions
Clergy health and occupational well-being
Integration of mental and physical health care
Evaluation and research design

PUBLICATIONS

Refereed journals:

Published manuscripts:

1. Sohail, M. M., Yao, J., Lee, B. H. J., Salgado, G. & **Proeschold-Bell, R. J.** (2025). The relationship between burnout and outlook, resilience, and other emotional styles: Evidence from United Methodist clergy. *Journal of Workplace Behavioral Health*.
2. Rash, J. A., Eagle, D. E., Tice, L. C., & **Proeschold-Bell, R. J.** (2025). An exploration of the mediators and moderators of Mindfulness-Based Stress Reduction: Secondary analysis of data from the *Selah* trial, a preference-based randomized waitlist-controlled trial. *Journal of Psychosomatic Research*.
3. Evon, D. M., Yao, J., Zimmer, C., Muir, A. J., Hendershot, C. S., & **Proeschold-Bell, R. J.** (2024). Psychological processes and alcohol reduction in patients with comorbid chronic hepatitis C and alcohol use: Results from the Hep ART trial. *Alcohol: Clinical and Experimental Research*. doi: 10.1111/acer.15400
4. Lee, B. H. J., Ramcharitar-Bourne, A., Yao, J., & **Proeschold-Bell, R. J.** (2024). High rates of obesity and chronic diseases among North Carolina United Methodist clergy: An updated review. *North Carolina Medical Journal*.

5. **Proeschold-Bell, R. J.**, Eagle, D. E., Tice, L. C., Platt, A., Yao, J., Larkins, J. S., Kim, E. T., & Rash, J. A. (2024). The Selah trial: A preference-based partially randomized waitlist control study of three stress management interventions. *Translational Behavioral Medicine*, doi: 10.1093/tbm/ibae017
6. Johnson, S.L., Rieder, A.D., Rasmussen, J.D., Mansoor, M., Quick, K.N., **Proeschold-Bell, R.J.**, Coping Together Research Team*, Boone, W.J., Puffer, E.S. (2024). A pilot study of Coping Together: Changes in family functioning and well-being of youth and caregivers. *Research in Child and Adolescent Psychopathology*. doi: 10.1007/s10802-024-01183-z
7. Lee, B. H. J., Holleman, A., & **Proeschold-Bell, R. J.** (2024). Stability and shifts in the combined positive and negative mental health of clergy: A longitudinal latent class and latent transition analysis study before and after the onset of COVID-19. *Social Science & Medicine*. 344, 116651. doi: 10.1016/j.socscimed.2024.116651
8. Logan, D., DeSilva, V., Clancy, S. M., **Proeschold-Bell, R. J.**, Wijesinghe, C., Hart, L., & Ostbye, T. (2024). School-aged children with Down Syndrome in Galle, Sri Lanka: Relationship with level of disability, resource use and caregiver burden. *Disability, CBR, and Inclusive Development*, 34(3), 122-145. doi: 10.20372/dcidj.577.
9. Puffer, E.S., Mansoor, M., Rieder, A.D., Johnson, S.L., Quick, K.N., Rasmussen, J.M., Salgado, G., Coping Together Implementation Team*, Boone, W.J., & **Proeschold-Bell, R.J.** (2023). Integrating positive emotions activities into a family strengthening intervention: Enhancing receptivity and engagement. *Journal of Prevention and Health Promotion*.
* Francelia Burwell, LaToria Dowdy, Shaneeka Moore-Lawrence, Florine Moore, Nancy Rosales
10. Yao J., Steinberg D., Turner L., Cai, G., Cameron, J., Hybels, C., Eagle, D., Milstein, G., Rash, J., & **Proeschold-Bell, R.J.** (2023). When shepherds shed: Trajectories of weight, diet and exercise in a holistic health intervention tailored for US Christian clergy. *Journal of Religion and Health*. doi: 10.1007/s10943-023-01910-8
11. Huynh, H. V., **Proeschold-Bell, R. J.**, Sohail, M. M., Nalianya, M., Wafula, S., Amany, C., Vann, V., Loem, P., Baghdady, A. M., Al-Khalaf, M. S., Namestnik, A., & Whetten, K. (2023). What processes or key components do teachers attribute to their wellbeing? A cross-cultural qualitative study of teacher wellbeing in Cambodia, Kenya, and Qatar. *Psychology in the Schools*. doi: 10.1002/pits.23043
12. **Proeschold-Bell, R. J.**, Eagle, D. E., Tice, L. C., Yao, J., Rash, J. A., Choi, J., Stringfield, B., & Labrecque, S. M. (2023). The Selah pilot study of spiritual, mindfulness, and stress inoculation practices on stress-related outcomes: A non-randomized participant preference control study. *Journal of Religion and Health*, 62(4), 2686-2710. doi: 10.1007/s10943-023-01848-x
13. Sohail, M. M., Baghdady, A., Choi, J., Huynh, H., Whetten, K., & **Proeschold-Bell, R. J.** (2023). Factors influencing teacher wellbeing and burnout in schools: A scoping review. *Work: A Journal of Prevention, Assessment & Rehabilitation*, 76(4), 1317-1331. doi: 10.3233/WOR-220234

14. Biru, B., Yao, J., Plunkett, J., Hybels, C.F., Kim, E. T., Eagle, D. E., Choi, J., & **Proeschold-Bell, R.J.** (2022). The gap in mental health service utilization among United Methodist clergy with anxiety and depressive symptoms. *Journal of Religion and Health*, 62(3), 1597-1615. doi: 10.1007/s10943-022-01699-y
15. Puffer, E. S., Johnson, S. L., Quick, K. N., Rieder, A., Mansoor, M., **Proeschold-Bell, R. J.**, Jones, S., Moore-Lawrence, S., Rasmussen, J., Cucuzella, C., Burwell, F., Dowdy, L., Moore, F., Rosales, N., Sanyal, A., Ramachandran, P., Duerr, E., Tice, L., Ayuku, D., & Boone, W. J. (2024). Family strengthening in the context of COVID-19: Adapting a community-based intervention from Kenya to the United States. *Prevention Science*, 25(2), 267-278. doi: 10.1007/s11121-022-01418-9.
16. Reid, H., **Proeschold-Bell, R. J.**, Makarushka, C., Melgar Vega, K. D., Huchko, M., Jeronimo, J., & Vasudevan, L. (2022). Using the Consolidated Framework for Implementation Research to inform the design of the mobile Inspección Visual con Ácido Acético (mIVAA) system: A mixed methods case study. *Journal of Medical Internet Research (JMIR) Formative Research*. 2022;6(6):e32577. doi: 10.2196/32577
17. Johnston, E., Eagle, D. E., Perry, B., Corneli, A. L., & **Proeschold-Bell, R. J.** (2021). Seminary students and physical health: beliefs, behaviors, and barriers. *Journal of Religion and Health*, 61(2), 1207-1225. doi: 10.1007/s10943-021-01480-7
18. Agudogo, J. S., Asiedu, M. N., Dotson, M. E., Krieger, M. S., Huchko, M., Suneja, G., Jenson, D., **Proeschold-Bell, R. J.**, Hogan, W., Ramanujam, N. (2021). Utilization and perceptions of a novel cervical visualization tool, the Callascope, for home-based self-cervical exams. *Journal of Women's Health and Gynecology*, 1, 1-24. doi: 10.17303/jwhg.2021.8.306
19. Tice, L. C., Eagle, D. E., Rash, J. A., Larkins, J. S., Labrecque, S. M., Platt, A., Yao, J., & **Proeschold-Bell, R. J.** (2021). Rationale and preferences trial design to test three approaches to reduce stress symptoms among clergy. *Trials*, 22, 892. doi: 10.1186/s13063-021-05845-x
20. **Proeschold-Bell, R. J.**, Stringfield, B., Yao, J., Choi, J., Eagle, D., Hybels, C., Parnell, H., Keefe, K., & Shilling, S. (2022). Changes in Sabbath-keeping and mental health over time: Evaluation findings from the Sabbath Living study. *Journal of Psychology and Theology*, 50(2), 123-138. doi: 10.1177/009164712111046227
21. Pieters, M.M., **Proeschold-Bell, R.J.**, Coffey, E. E., Huchko, M., & Vasudevan, L. (2021). Knowledge, attitudes, and practices regarding cervical cancer screening among women in metropolitan Lima, Peru: A cross-sectional study. *BMC Women's Health*, 21, 304. doi: 10.1186/s12905-021-01431-0
22. Eagle, D E., Rash, J. A., Tice, L. C., & **Proeschold-Bell, R. J.** (2021). Evaluation of a remote, internet-delivered version of the Trier Social Stress Test. *The International Journal of Psychophysiology*, 165, 137-144.

23. Wilder, J., Evon, D., Yao, J., Niedzweicki, N., Makarushka, C., Hodge, T., Sohail, M.M., Muir, A., & **Proeschold-Bell, R.J.** (2021). Why do patients with hepatitis C drink alcohol? An examination of pain, depression, and drinking motives. *Journal of Viral Hepatitis*, 28, 699-709. doi: 10.1111/jvh.13474
24. Sohail, M.M., Jia, Y., Muir, A., Evon, D., & **Proeschold-Bell, R.J.** (2021). Change in alcohol use and association with positive and negative emotions: Results from an alcohol treatment study with hepatitis C patients. *Alcoholism Treatment Quarterly*. 39(4), 430-445. doi: 10.1080/07347324.2020.1868957
25. Wimberly, C.E., Rajapakse, H., Park, L. P., Price, A., **Proeschold-Bell, R.J.**, & Ostbye, T. (2020). Mental well-being in Sri Lankan medical students: A cross-sectional study. *Psychology, Health, & Medicine*. doi: 10.1080/13548506.2020.1858488.
26. Vasudevan, L., Stinnett, S., Mizelle, C., Melgar, K., Makarushka, C., Pieters, M., Sanchez, L.E.R., Jeronimo, J., Huchko, M.J., **Proeschold-Bell, R.J.** (2020). Peruvian health providers' perceptions of barriers to the uptake of cervical cancer services and their attitudes towards adopting new interventions for cervical cancer patients. *Preventive Medicine Reports*, 2(20). doi: 10.1016/j.pmedr.2020.101212.
27. Patel, Y.A., Yao, J., **Proeschold-Bell, R.J.**, Niedzweicki, D., Parish, A., Goacher, E., & Muir, A.J. (2020). Alcohol use before, during, and after direct-acting antiviral treatment for Hepatitis C in patients provided behavioral counseling for alcohol use. *Digestive Diseases and Science*, 66(9), 2956-2963. doi: 10.1007/s10620-020-06616-5.
28. Hybels, C. F., Blazer, D. G., Eagle, D. E., & **Proeschold-Bell, R.J.** (2022). Age differences in trajectories of depressive, anxiety, and burnout symptoms in a population with a high likelihood of persistent occupational distress. *International Psychogeriatrics*, 34(1), 21-32. doi: 10.1017/S1041610220001751.
29. Biru, B.M., **Proeschold-Bell, R.J.**, Kaiser, B., Parnell, H., Kaza, V.G.K., Madan, I., Eticha Dubie, M., Vann, V., Amany, C., Whetten, K. (2021). Residential care directors' perceptions of desirable characteristics of caregivers for orphaned and separated children. *International Journal of Applied Positive Psychology*, 6, 113-131. doi: 10.1007/s41042-020-00041-9
30. Keyes, C.L.M., Sohail, M.M., Molokwu, N.J., Parnell, H., Amany, C., Kaza, V. G. K., Saddo, Y. B., Vann, V., Tzudier, S., & **Proeschold-Bell, R.J.** (2020). How would you describe a mentally healthy person? A cross-cultural qualitative study of caregivers of orphans and separated children. *Journal of Happiness Studies*, 22(4), 1719-1743. doi: 10.1007/s10902-020-00293-x.
31. Liu, X., Whetten, K., Prose, N., Parnell, H., Eagle, D., Amany, C., Vann, V., Eticha Dubie, M., Kaza, V.G.K., & **Proeschold-Bell, R. J.** (2020). Enjoyment and meaning in daily activities among caregivers of orphaned and separated children in four countries. *Children and Youth Services Review*, 116. doi: 10.1016/j.childyouth.2020.105103.

32. Keyes, C. L. M., Yao, J., Hybels, C. F., Milstein, G., & **Proeschold-Bell, R. J.** (2020). Are changes in positive mental health associated with increased likelihood of depression over a two-year period? A test of the mental health promotion and protection hypotheses. *Journal of Affective Disorders*, 270(2020), 136-142. doi:10.1016/j.jad.2020.03.056.
33. **Proeschold-Bell, R.J.**, Evon, D.M., Yao, J., Niedzwiecki, D., Makarushka, C., Keefe, K.A., Patkar, A.A., Mannelli, P., Garbutt, J.C., Wong, J.B., Wilder, J.M., Datta, S.K., Hodge, T., Naggie, S., Fried, M.W., & Muir, A.J. (2020). A randomized controlled trial of an integrated alcohol reduction intervention in patients with hepatitis C infection. *Hepatology: Journal of the American Association for the Study of Liver Diseases*, 71(6), 1894-1909. doi:10.1002/hep.31058.
34. **Proeschold-Bell, R.J.**, Steinberg, D., Yao, J., Eagle, D.E., Smith, T.W., Cai, G., & Turner, E.L. (2020). Using a holistic health approach to achieve long-term weight maintenance: Results from the Spirited Life intervention. *Translational Behavioral Medicine*, 10(1), 223-233. doi: 10.1093/tbm/iby117.
35. Case, A., **Proeschold-Bell, R.J.**, Keyes, C., Huffman, K., Sittser, K., Wallace, A., Khatiwoda, P., & Parnell, H. (2020). Attitudes and behaviors that differentiate clergy with positive mental health from those with burnout. *Journal of Prevention & Intervention in the Community*, 48(1), 94-112. doi: 10.1080/10852352.2019.1617525.
36. Eagle, D.E., Kinghorn, W.A., Parnell, H., Amany, C., Vann, V., Tzudir, S., Krishna Kaza, V.G., Temesgen Safu, C., Whetten, K., & **Proeschold-Bell, R.J.** (2019). Religion and caregiving for orphans and vulnerable children: a qualitative study of caregivers across four religious traditions and five global contexts. *Journal of Religion and Health*. doi: 10.1007/s10943-019-00955-y.
37. Kinghorn, W.A., Keyes, C.L.M., Parnell, H.E., Eagle, D.E., Biru, B.M., Amany, C., Vann, V., Kaza, V.G.K., Tzudir, S., Saddo, Y.B., Whetten, K., & **Proeschold-Bell, R.J.** (2019). Putting virtues in context: Engaging the VIA classification of character strengths in caregiving for orphans and vulnerable children across cultures. *Journal of Positive Psychology*, 14(6), 845-853. doi: 10.1080/17439760.2019.1579363.
38. Milstein, G., Hybels, C., & **Proeschold-Bell, R.J.** (2019). A prospective study of clergy spiritual well-being, depressive symptoms, and occupational distress. *Psychology of Religion and Spirituality*, 12(4), 409-416. doi: <http://dx.doi.org/10.1037/rel0000252>.
39. Asiedu, M.N., Agudogo, J.S., Dotson, M.E., Krieger, M.S., Schmitt, J.W., Huchko, M., Suneja, G., **Proeschold-Bell, R.J.**, Smith, J.S., Jenson, D., Hogan, W., & Ramanujam, N. (2019). A novel, versatile speculum-free callascope for clinical examination and self-visualization of the cervix. *bioRxiv*. doi: <http://dx.doi.org/10.1101/618348>.
40. **Proeschold-Bell, R.J.**, Molokwu, N.J., Keyes, C.L.M., Sohail, M.M., Eagle, D.E., Parnell, H.E., Kinghorn, W.A., Amany, C., Vann, V., Madan, I., Biru, B.M., Lewis, D., Eticha Dubie, M., &

- Whetten, K. (2019). Caring and thriving: An international qualitative study of caregivers of orphaned and vulnerable children and strategies to sustain positive mental health. *Children and Youth Services Review, 98*, 143-153. doi: 10.1016/j.chidyouth.2018.12.024
41. Hough, H., **Proeschold-Bell, R.J.**, Liu, X., Weisner, C., Turner, E.L., & Yao, J. (2019). Relationships between Sabbath observance and mental, physical, and spiritual health in clergy. *Pastoral Psychology, 68*(2), 171-193. doi: 10.1007/s11089-018-0838-9.
42. Eagle, D., Hybels, C., & **Proeschold-Bell, R.J.** (2019). Perceived social support, received social support, and depression among clergy. *Journal of Social and Personal Relationships, 36*(7), 2055-2073. doi: 10.1177/0265407518776134.
43. **Proeschold-Bell, R.J.**, Evon, D.M., Makarushka, C., Wong, J.B., Datta, S.K., Yao, J., Patkar, A.A., Mannelli, P., Hodge, T., Naggie, S., Wilder, J.M., Fried, M.W., Niedzwiecki, D., & Muir, A.J. (2018). The Hepatitis C-Alcohol Reduction Treatment (Hep ART) intervention: Study protocol of a multi-center randomized controlled trial. *Contemporary Clinical Trials, 72*(2018), 73-85. doi: 10.1016/j.cct.2018.07.003.
44. Khatiwoda, P., **Proeschold-Bell, R. J.**, Meade, C. S., Park, L. P., & Proeschold-Bell, S. (May-June 2018). Facilitators and barriers to naloxone kit usage among opioid-dependent patients seeking treatment at medication assisted therapy clinics in North Carolina. *North Carolina Medical Journal, 79*, 149-155. doi: 10.18043/ncm.79.3.149.
45. Hybels, C., Blazer, D.G., & **Proeschold-Bell, R.J.** (2018). Persistent depressive symptoms in a population with high levels of occupational stress: trajectories offer insights to both chronicity and resilience. *Journal of Psychiatric Practice, 24*(6), 399-409. doi: 10.1097/PRA.0000000000000337.
46. Case, A.D., Eagle, D.E., Yao, J., & **Proeschold-Bell, R.J.** (2018). Disentangling race and socioeconomic status in health disparities research: An examination of black and white clergy. *Journal of Racial and Ethnic Health Disparities, 5*(5), 1014-1022. doi: 10.1007/s40615-017-0449-7.
47. McGarrity, L. A. Huebner, D. M., Nemeroff, C. J., & **Proeschold-Bell, R. J.** (2018). Longitudinal Predictors of Behavioral Intentions and HIV Service Use among Men who have Sex with Men. *Prevention Science, 19*(4), 507-515. doi: 10.1007/s11121-017-0824-y.
48. **Proeschold-Bell, R.J.**, Turner, E. L., Bennett, G. G., Yao, J., Li, X.-F., Eagle, D. E., Meyer, R. A., Williams, R. B., Swift, R. Y., Moore, H. E., Kolkin, M. A., Weisner, C. C., Rugani, K. M., Hough, H. J., Williams, V. P., & Toole, D. C. (2017, June). A 2-year holistic health and stress intervention: Results of an RCT in clergy. *American Journal of Preventive Medicine, 53*(3), 290-299. doi: 10.1016/j.ampere.2017.04.009.
49. Asiedu, M. N., Agudogo, J., Schmitt, J. W., Miros, R., **Proeschold-Bell, R. J.**, Krieger, M., & Ramanujam, N. (2017). Design and preliminary analysis of a vaginal inserter for speculum-free cervical cancer screening. *PLoS ONE, 12*(5):e0177782. doi: 10.1371/journal.pone.0177782.

50. Smith, T.W., Eagle, D.E., & **Proeschold-Bell, R.J.** (2017). Prospective associations between depressive symptoms and the metabolic syndrome: The Spirited Life study of United Methodist pastors. *Annals of Behavioral Medicine: A Publication of the Society of Behavioral Medicine*, 51(4), 610-619. doi 10.1007/s12160-017-9883-3.
51. Eagle, D., Miles, A., & **Proeschold-Bell, R.J.** (2017). The honeymoon is over: Occupational relocation and changes in mental health among United Methodist clergy. *Review of Religious Research*, 59 (1), 31-45, doi: 10.1007/s13644-016-0263-4.
52. Adams, C., Hough, H., **Proeschold-Bell, R.J.**, Yao, J., & Kolkin, M. (2017). Clergy burnout: A comparison study with other helping professions. *Pastoral Psychology*, 66(2), 147-175. doi: 10.1007/s11089-016-0722-4.
53. **Proeschold-Bell, R.J.**, Reif, S., Taylor, B., Patkar, A., Mannelli, P., Yao, J., & Quinlivan, B. (2016). Substance use outcomes of an integrated HIV-substance use treatment model implemented by social workers and HIV medical providers. *Health & Social Work*, 41(1), e1-e10. doi: 10.1093/hsw/hlv088.
54. **Proeschold-Bell, R.J.**, Smith, B., Eisenberg, A., LeGrand, S., Adams, C., & Wilk, A. (2015). The glory of God is a human being fully alive: Predictors of positive versus negative mental health among clergy. *Journal for the Scientific Study of Religion*, 54(4), 702-721. doi: 10.1111/jssr.12234.
55. Blouin, R., & **Proeschold-Bell, R.J.** (2015). Measuring stress in a clergy population: Lessons learned from cognitive interview testing of the Perceived Stress Scale with clergy. *Research in the Social Scientific Study of Religion*, 26, 141-154. doi: https://doi.org/10.1163/9789004299436_010.
56. Eagle, D.E., & **Proeschold-Bell, R.J.** (2015). Methodological considerations in the use of name generators and interpreters. *Social Networks*, 40(2015), 75-83. doi: 10.1016/j.socnet.2014.07.005.
57. Skalski, L., Watt, M.H., MacFarlane, J.C., **Proeschold-Bell, R.J.**, Stout, J.E., Sikkema, K. (2015). Mental health and substance use among patients in a North Carolina HIV clinic. *North Carolina Medical Journal*, 76(3), 148-155. doi:10.18043/ncm.76.3.148.
58. Georggi Walther, N., **Proeschold-Bell, R. J.**, Benjamin Neelon, S.E., Adipo, S., & Kamaara, E. (2015). "We hide under the Scriptures": Conceptualization of health among United Methodist Church clergy in Kenya. *Journal of Religion and Health*, 54(6), 2235-2248, doi: 10.1007/s10943-014-9947-7.
59. **Proeschold-Bell, R.J.**, Yao, J., Gorthala, S., & Muir, A.J. (2014). Development of a measure of hepatitis C-alcohol knowledge. *Journal of Alcohol and Drug Education*, 58(3), 7-18.

60. **Proeschold-Bell, R.J.**, Yang, C., Toth, M., Rivers, M., & Carder, K. (2014). Closeness to God among those doing God's work: A spiritual well-being measure for clergy. *Journal of Religion and Health, 53*(3), 878-894. doi: 10.1007/s10943-013-9682-5.
61. **Proeschold-Bell, R.J.**, Miles, A., Toth, M. Adams, C, Smith, B., & Toole, D. (2013). Using effort-reward imbalance theory to understand high rates of depression and anxiety among clergy. *Journal of Primary Prevention, 34*(6), 439-453. doi: 10.1007/s10935-013-0321-4.
62. **Proeschold-Bell, R.J.**, Swift, R., Bennett, G., Moore, H. E., Li, X., Blouin, R., Williams, V., Williams, R., & Toole, D. (2013). Use of a randomized multiple baseline design: Rationale and design of the Spirited Life holistic health intervention study. *Contemporary Clinical Trials, 35*(2), 138-152. doi: 10.1016/j.cct.2013.05.005.
63. Reif, S., **Proeschold-Bell, R.J.**, Yao, J., LeGrand, S., Uehara, A., Asimwe, E., & Quinlivan, E.B. (2013). Three types of self-efficacy are associated with medication adherence among patients with co-occurring HIV and substance use disorders, but only when mood disorders are present. *Journal of Multidisciplinary Healthcare, 2013*(6), 229-237. doi: <http://dx.doi.org/10.2147/JMDH.S44204>.
64. Miles, A., & **Proeschold-Bell, R.J.** (2013). Overcoming the challenges of pastoral work?: Peer support groups and mental distress among United Methodist Church clergy. *Sociology of Religion: A Quarterly Review, 74*(2). doi: 10.1093/socrel/srs055.
65. LeGrand, S., **Proeschold-Bell, R.J.**, James, J., & Wallace, A. (2013). Healthy leaders: Multilevel health promotion considerations for diverse United Methodist Church pastors. *Journal of Community Psychology, 41*(3), 303-321. doi: 10.1002/jcop.21539.
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68. **Proeschold-Bell, R.J.**, Patkar, A., Naggie, S., Coward, L.J., Mannelli, P., Yao, J., Bixby, P., & Muir, A. (2012). An integrated alcohol abuse and medical treatment model for patients with hepatitis C. *Digestive Diseases and Sciences, 57*(4), 1083-1091. doi: 10.1007/s10620-011-1976-4. NIHMS439359.
- *Study cited in patient recommendation guidelines published by the American Association for the Study of Liver Diseases and the Infectious Diseases Society of America.
69. **Proeschold-Bell, R.J.**, LeGrand, S., Wallace, A., James, J., Moore, H., Swift, R., & Toole, D. (2012). Tailoring health programming to clergy: Findings from a study of United Methodist

- clergy in North Carolina. *Journal of Prevention & Intervention in the Community*, 40(3), 246-261. doi: 10.1080/10852352.2012.680423.
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Manuscripts under review:

- Sohail, M. M., Lee, B. H. J., Salgado, G., & **Proeschold-Bell, R. J.** (under review). Longitudinal study of social support, marital satisfaction, and job satisfaction among clergy. Manuscript submitted to the *Journal for the Scientific Study of Religion*.
- Pearce, J., Rao, D., **Proeschold-Bell, R. J.**, Hedt-Gauthier, B., Ronen, K., Pfeiffer, J., Stewart, K., Vissoci, J., Weiner, B., Tillekeratne, G., & Stewart, J. (under review). Exploring supportive roles for north investigators of global health research. Manuscript submitted to *PLOS Global Health*.
- Tice, L., Salgado, G., Johnston, E., Nascimento, B., **Proeschold-Bell, R. J.**, & Lee, B. H. J. (under review). The Weight of the Yoke: A qualitative analysis of the stressors for clergy across a mental health continuum. Manuscript submitted to *Mental Health, Religion & Culture*.

Manuscripts in preparation:

- Quinn, J., Lutz, J.R., Eagle, D.E., Keyes, C.L.M., Sohail, M.M., Hybels, C., Yao, J., & **Proeschold-Bell, R.J.** (2025). Occupational social networks: Positive mental health relates to more support-seeking, but not being sought. Manuscript in preparation.
- Hybels, C. F., Pieper, C. F., Rash, J. A., Milstein, G., & **Proeschold-Bell, R. J.** (2025). Trajectories of depression, anxiety, occupational stress and body mass index in a population with high levels of occupational stress. Manuscript in preparation.

Ma, C., Eagle, D., Wu, C., & **Proeschold-Bell, R.J.** (2025). The relationship between obesity, elevated depressive symptoms, and physical health functioning among United Methodist clergy: A longitudinal study. Manuscript in preparation.

Books:

Proeschold-Bell, R.J., & Byassee, J. (May 2018). *Faithful and fractured: Responding to the clergy health crisis*. Grand Rapids, MI: Baker Academic.

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Hoeppner, B., & **Proeschold-Bell, R.J.** Time series analysis in community-oriented research. (2012). In L. A. Jason & D. S. Glenwick (Eds.), *Methodological approaches to community-based research*. Washington, DC: American Psychological Association.

Castro, F.G., **Proescholdbell, R.J.**, Abeita, L., & Rodriguez, D. (1999). Ethnic and cultural minority groups. In B.S. McCrady & B. Epstein (Eds.), *Addictions: A Comprehensive Guidebook for Practitioners* (pp. 499-526). Oxford University Press.

DISSEMINATION ACTIVITIES

Positive Mental Health

Created a 10-minute video designed to promote the positive emotion of hope in relation to COVID-19 during the US shutdown. The underlying mechanism of the video is to show both a will and a way – two factors demonstrated to foster hope. Posted April 2020; 500+ views.

<https://dukegwht.medium.com/finding-a-way-remaining-hopeful-f0abe6cb41e4>

Caregiver Mental Health

Proeschold-Bell, R.J., Kinghorn, W., & Amany, C. (2019, January 23). Preventing caregiver burnout: Religion and strategies of flourishing in five global residential caregiving contexts. Christian Alliance for Orphans webinar live and online, *Orphaned and Vulnerable Children Research: Bridging the Gap*, ongoing series.

Clergy Health

Charles, Genevieve. (2024, Oct 11). The past few years have left clergy burned out and exhausted. But that can change, say experts. *AP Religion News Service* (RNS).

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- Proeschold-Bell, R.J. (2020, Jan 6). Four steps clergy can take to avoid burnout. Opinion, *Religion News Service*. https://religionnews.com/2020/01/06/four-steps-clergy-can-take-to-avoid-burnout/?preview_id=3800999
- Bharath, Deepa. (2019, Sept 17). Harvest Ministries pastor's suicide prompts national conversation about clergy and mental illness. *Orange County Register* and *Los Angeles Daily News*. <https://www.pe.com/2019/09/17/harvest-ministries-pastors-suicide-prompts-national-conversation-about-clergy-and-mental-illness/>
- Frykholm, Amy. (2018, May 9). Cover story: How stressed are clergy? The pretty good state of clergy well-being: The pastors are all right. *The Christian Century*, 135(10), p. 22-23. <https://www.christiancentury.org/article/features/your-pastor-isn-t-unhealthy-you-might-think>
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- Bindley, Katherine. Clergy at higher risk of depression and anxiety, study finds. (2013, August 28). *Huffington Post*, http://www.huffingtonpost.com/2013/08/28/clergy-depression-n_3830295.html.
- DeWitt, Dave. Preaching a healthy lifestyle to pastors. (2013, July 16). *NPR's Here & Now*, <http://hereandnow.wbur.org/2013/07/16/healthy-lifestyle-pastors>.
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Vitello, Paul. Taking a break from the Lord's work (2010, August 1). *The New York Times*, p. A-1 (front page), <http://www.nytimes.com/2010/08/02/nyregion/02burnout.html>.

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Hepatitis C-Alcohol

Research (Proeschold-Bell et al., 2012) cited as one of three studies to support integrating alcohol treatment into liver clinics. American Association for the Study of Liver Diseases – Infectious Diseases Society of America. Recommendations for testing, managing, and treating hepatitis C. <http://www.hcvguidelines.org>. Date accessed: April 4, 2019.

Volansky, R. Continuum of care: HCV and the addictions specialist. (2016, February). *HCV Next*, http://www.healio.com/hepatology/hepatitis-c/news/print/hcv-next/%7B75c7b9fb-67c6-4e35-9e05-337207f6c145%7D/continuum-of-care-hcv-and-the-addiction-specialist?sc_trk=internalsearch

Grens, Kerry. Even moderate drinking may be risky with hepatitis C. (2013, March 15). *Reuters Health*, <http://www.reuters.com/article/2013/03/15/us-hepatitis-drinking-idUSBRE92E11420130315>.

PRESENTATIONS AT PROFESSIONAL MEETINGS

Peer-reviewed presentations and abstracts:

Yao, J., Lee, B., Ramcharitar-Bourne, A., & **Proeschold-Bell, R.J.** (2024, Oct 29-31). *Obesity and pain in United Methodist clergy: Findings from partnership with United Methodist annual conferences in North Carolina*. Symposium presentation at the American Public Health Association 2024 Annual Meeting, Minneapolis, Minnesota.

Proeschold-Bell, R.J., & Lee, B.-H. J. (2024, Oct 18-20). *Exploring the effect of work-family strain and emotional styles among clergy: Stressors and buffers for mental health*. Symposium presentation at the Society for the Scientific Study of Religion, Pittsburgh, Pennsylvania.

Cooper, H., Case, A., **Proeschold-Bell, R. J.**, & Muir, A. (2024, January). *Barriers and facilitators to alcohol reduction in an integrated care intervention among individuals with chronic hepatitis C*

virus. Poster presentation at the National Multicultural Conference and Summit 2024, Santa Fe, New Mexico.

Rash, J. A., **Proeschold-Bell, R. J.**, Eagle, D. E. & Tice, L. C. (2023, August). *Mindfulness-based stress reduction (MBSR) as an effective method for improving symptoms of stress and influence of the parasympathetic nervous system during COVID-19*. Presented at the 17th International Congress of Behavioural Medicine in Vancouver, British Columbia.

Lee, J. B. H., Tice, L., & **Proeschold-Bell, R. J.** (2023, October). *Exploring the relationships between work-family conflict and mental health in the clergy profession*. Society for the Scientific Study of Religion, Salt Lake City, Utah.

Tice, L., **Proeschold-Bell, R. J.**, & Goatley, D. (2023, October). *To Heal the Wounded Soul: Serving BIPOC pastors amidst difficult times*. Society for the Scientific Study of Religion, Salt Lake City, Utah.

Proeschold-Bell, R.J., Tice, L., Rash, J., Eagle, D.E., Platt, A., Yao, J., Larkins, J., Kim, E.T., & Wallack, L. (2023, April). *The Selah trial: a preference-based randomized waitlist control study of three stress management interventions*. Poster presentation at the Society of Behavioral Medicine Annual Meeting. Phoenix, Arizona.

Proeschold-Bell, R.J., Tice, L., Rash, J., Eagle, D.E., Platt, A., Yao, J., Larkins, J., Kim, E.T., & Wallack, L. (2022, November). *The Selah stress management trial: a preference-based randomized waitlist control study of mindfulness-based stress reduction, the Daily Examen prayer practice, and Stress Proofing among clergy*. Poster presentation for the Global Scientific Conference on Human Flourishing. Online to an international audience.

Proeschold-Bell, R.J., Tice, L., Eagle, & D.E., Yao, J. (2022, November). Symposium: *The Selah study: Three stress-management interventions for clergy*. One of three oral presentations organized by Proeschold-Bell, R.J., for a combined session: Resources and intervention programs for Christian clergy during times of pandemic and racial strife. Society for the Scientific Study of Religion. Baltimore, Maryland.

Proeschold-Bell, R.J., Tice, L., Lee, J.B., & Yao, J. (2022, November). Symposium: *Changes in United Methodist clergy well-being pre- and post-pandemic: Individual and aggregate level changes from a panel study of North Carolina clergy*. One of four oral presentations organized by Johnston, E., for a combined session: Clergy health and well-being: Insights from the Clergy Health Initiative. Society for the Scientific Study of Religion. Baltimore, Maryland.

Duke Global Health Institute and University of Washington School of Public Health. (2021, March). *Incorporating antiracism, anticolonialism, and anti-oppression efforts into faculty promotion: three-hour working meeting, convening invited faculty from seven global health institutions and three LMIC university partners*. Consortium of Universities of Global Health virtual satellite session, three hours. Zoom.

- Proeschold-Bell, R.J.**, Gottfried, P., Miron, D., & Abdul-Malik, H. (2020, September). Moderator and presenter for symposium: *Mourning and clergy mental health during a pandemic*. Research News Association Conference. Zoom.
- Proeschold-Bell, R.J.**, Yao, J., & Keyes, C.L.M. (2019, October). Symposium: *Changes in positive mental health in clergy*. Society for the Scientific Study of Religion. St. Louis, Missouri.
- Muir, A.J., Yao, J., Wilder, J.M., Makarushka C., Keefe K., Helzberg J.H., Mannelli, P., Evon, D.M., Niedzwiecki, D., Naggie, S., Fried, M.W., & **Proeschold-Bell, R.J.** (2018, November). *The Alcohol Use Disorders Identification Test Screening in Patients with Hepatitis C*. Poster presented at the annual meeting of the American Association for the Study of Liver Disease (AASLD), San Francisco, CA. Abstract 1595 published in *Hepatology*, 68 (Suppl 1), page 908A.
- Proeschold-Bell, R.J.**, Yao, J., & Keyes, C.L.M. (2018, October). Symposium: *What do we know about clergy health and wellbeing? Results from a 10-year, Longitudinal Data Collection on United Methodist Pastors in North Carolina, and also Flourishing and Languishing Clergy: Attitudes and Behaviors that Differentiate Clergy with Positive Mental Health from those with Burnout*. Society for the Scientific Study of Religion. Las Vegas, Nevada.
- Wilder, J.M., Yao, J., Makarushka, C., Evon, D.M., Fried, M.W., Naggie, S., Muir, A.J., **Proeschold-Bell, R.J.** (2018, June). *Associations of alcohol consumption motives with depression and pain among individuals with hepatitis C*. Poster presentation at Digestive Disease Week. Washington, DC, and published in *Gastroenterology*, 154(6), S1121-S1122.
- Hodge, T., **Proeschold-Bell, R. J.**, Muir, A., Mena, C., Makarushka, C., & Patkar, A. (2016, April). *Integrated HCV-alcohol treatment: Development of an efficacious, inclusive (patients with HIV, women) program*. Poster presentation at Ending Gender Inequalities: Addressing the Nexus of HIV, Drug Use, and Violence with Evidence-based Action. Chapel Hill, North Carolina.
- Proeschold-Bell, R.J.**, Case, A., Eagle, D., & Bancroft, A. (2015, December). *Jumping the rails: Moving off the mental illness continuum to the mental health continuum*. Religious Researchers Symposium: Insights into the Health, Vitality, and Impact of Clergy and Congregations. Alexandria, Virginia.
- Proeschold-Bell, R.J.**, Meyer, R., Wallace, A., Weisner, C., Rugani, K., & Hough, H. (2015, December). *Spirited Life intervention components and outcomes*. Religious Researchers Symposium: Insights into the Health, Vitality, and Impact of Clergy and Congregations. Alexandria, Virginia.
- Adams, C., & **Proeschold-Bell, R.J.** (2015, April). *Fostering flourishing in pastoral ministry: Highlights from the Duke Clergy Health Initiative*. Christian Association for Psychological Studies Annual Conference. Denver, Colorado.
- Proeschold-Bell, R.J.**, & Meyer, R. (2015, April). *Methods and findings from the Duke Clergy Health Initiative: Keys to living a spirited life*. Duke Center for Spirituality, Theology and Health. Durham, North Carolina.

Proeschold-Bell, R. J., & Case, A. (2014, October). Using Multiple Baseline Designs to Meet the Needs of Both Researchers and Community Stakeholders in a Holistic Health Intervention. In Case, A. (Chair), *Three innovative study designs for community evaluation that utilize time series analysis*. Oral presentation at the 28th Conference of the American Evaluation Association. Denver, Colorado.

Adams, C., & **Proeschold-Bell, R. J.** Smith, B., LeGrand, S., Miles, A., Toole, D., & Kolkin, M. (2014, September). *Clergy mental health: Highlights from the Duke Clergy Health Initiative*. Paper presentation at the Flourishing in Pastoral Ministry Conference. Marion, Indiana.

Eagle, D., & **Proeschold-Bell, R. J.** (2014, August). *Methodological considerations in the use of name generators and interpreters*. Roundtable presentation at the 2014 American Sociological Association Annual Meeting. San Francisco, California.

Adams, C., **Proeschold-Bell, R. J.**, Smith, B., LeGrand, S., Miles, A., Toole, D., & Kolkin, M. (2014, April). *Clergy mental health: Highlights from the Duke Clergy Health Initiative*. Paper presentation at the 12th Annual Mid-Year Conference on Religion and Spirituality, Division 36, American Psychological Association. LaMirada, California.

Adams, C., & **Proeschold-Bell, R. J.** (2014, March). *Clergy health: Highlights from the Duke Clergy Health Initiative*. Paper presentation at the Ministerial Assessment Specialist Quadrennial Conference for the United Methodist Church General Board of Education and Ministry. Dallas, Texas.

Kolkin, M., **Proeschold-Bell, R. J.**, Toole, D., Swift, R., Moore, H. E., & Blouin, R. (2013, September). *A holistic health intervention for clergy: Rationale and design of the Spirited Life study*. Poster presentation at the Inaugural Summit on Transformative Innovation in Health Care, Duke Institute for Health Innovation, Durham, North Carolina.

Proeschold-Bell, R. J., Swift, R., Moore, H. E., & Toole, D. (2013, June). Creating a holistic health intervention for United Methodist clergy: Techniques used to make Spirited Life deeply cultural. In **R. J. Proeschold-Bell** & L. M. Vaughn (Chairs), *Creating interventions that are deeply cultural: Methods, examples, and discussion*. Symposium chaired at the Society for Community Research and Action 2013 Biennial Conference, Miami, Florida.

Proeschold-Bell, R. J. (2013, June). Having your cake and eating it too: Using multiple baseline designs to meet the needs of both researchers and community stakeholders in a holistic health intervention. In L. Jason & D. Glenwick (Chairs), *Innovative methodological approaches to community-based research: Theory and application*. Symposium conducted at the Society for Community Research and Action 2013 Biennial Conference, Miami, Florida.

Proeschold-Bell, R. J., Toole, D., Swift, R., Moore, H. E., & Blouin, R. (2013, March). *A holistic health intervention for clergy: Rationale and design of the Spirited Life study*. Poster presentation at the 34th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Francisco, California.

- Proeschold-Bell, R.J.**, Patkar, A., Naggie, S., Coward, L.J., Mannelli, P., Yao, J., Bixby, P., & Muir, A. (2012, September). *An integrated alcohol abuse and medical treatment model for patients with hepatitis C and or hepatitis C-HIV co-infection*. Duke Center for AIDS Research Eighth Annual Fall Scientific Retreat, Duke University: Durham, North Carolina.
- Adams, C. & **Proeschold-Bell, R.J.** (2012, February). *An Update on the Duke Clergy Health Initiative: Recent findings on clergy mental and physical health*. The Society for the Study of Psychology and Wesleyan Theology Annual Conference. Trevecca Nazarene University: Nashville, Tennessee.
- Adams, C. & **Proeschold-Bell, R.J.** (2012, March). *The Duke Clergy Health Initiative*. Christian Association for Psychological Studies International Conference: Washington, D.C.
- James, J., **Proeschold-Bell, R.J.**, and Swift, R. (2011, October). *Spirited Life: A holistic health intervention for United Methodist clergy*. Society for the Scientific Study of Religion 2011 Annual Meeting, Milwaukee, Wisconsin.
- Proeschold-Bell, R. J.** & Adams, C. (2011, March). *High rates of depression among United Methodist Clergy*. The Society for the Study of Psychology and Wesleyan Theology Annual Conference. Southern Methodist University. Dallas, Texas.
- Proeschold-Bell, R. J.** (2010, December). *Clergy Health: Current Health Status and Ongoing Intervention Research*. First Annual Meeting of Clergy Health Researchers. Memphis, Tennessee.
- Proeschold-Bell, R. J.** (2010, November). *Interrupted time series and multiple baseline designs*. Symposium presentation at the annual SAMHSA Grantees Conference. Arlington, Virginia.
- Miles, A., **Proeschold-Bell, R. J.**, Puffer, E. (2010, April). *Social or Geography?: Explaining health disparities between rural/non-rural areas*. Paper presentation at the annual meeting of the Southern Sociological Society. Atlanta, Georgia.
- Proeschold-Bell, R. J.**, & Adams, C. (2010, March). *High rates of depression among United Methodist clergy*. Paper presentation at the Eighth Annual Mid-Year Conference on Religion and Spirituality, Division 36, American Psychological Association. Columbia, Maryland.
- Pence, B., Mugavero, M., Reif, S., & **Proeschold-Bell, R. J.** (2010, March). *The influence of past traumatic experiences on HIV-related behaviors and health outcomes: An exploration of causal pathways*. Paper presentation at the 68th Annual Scientific Meeting of the American Psychosomatic Society, Portland, Oregon.
- James, J., Carroll, J. W., **Proeschold-Bell, R.J.**, Wallace, A., & LeGrand, S. (2009, October). *Congregational and institutional conditions influencing the health of United Methodist clergy*. Paper presentation at the annual meeting of the Society for the Scientific Study of Religion and Religious Research Association. Denver, Colorado.

- Adams, C., **Proeschold-Bell, R.J.**, Smith, R., LeGrand, S., James, J., & Wallace, A. (2009, September). *SoulCare for Christian leaders: Emerging models of research and intervention*. Paper presentation at the American Association of Christian Counselors World Conference, Nashville, Tennessee.
- Proeschold-Bell, R.J.**, & Muir, A. (2009, September). *Integrated care for HCV and alcohol abuse*. Paper presentation at the Duke Viral Hepatitis Meeting, Durham, North Carolina.
- Naggie, S., Agarwal, V., Park, L., Sirkus, L., **Proeschold-Bell, R.J.**, Muir, A.J., & Lombard, F. (2009, October). *A case-control study exploring the role of HCV co-infection on healthcare utilization among HIV-1 infected subjects*. Poster presentation at the 47th Annual Meeting of the Infectious Diseases Society of America, Philadelphia, Pennsylvania.
- Proeschold-Bell, R.J.**, & Quinlivan, E.B. (2009, September). *Degree of integrated care and substance use outcomes for patients with HIV and substance abuse*. Fifth Duke Annual Center for AIDS Research Fall Scientific Retreat. Durham, North Carolina.
- Proescholdbell, R.J.**, James, J., Wallace, A., & LeGrand, S. (2009, June). *A theoretical model of holistic health of United Methodist clergy*. Paper presentation at the 2nd Annual Meeting of the Society for Spirituality, Theology and Health. Durham, North Carolina.
- Proescholdbell, R.J.** (2008, September). *Hepatitis C transmission, progression and treatment knowledge among patients with HIV*. One of four selected oral presentations at the Fourth Annual Duke Center for AIDS Research Fall Scientific Retreat. Durham, North Carolina.
- Proescholdbell, R. J.**, Blouin, R., Mugavero, M., Lombard, F., Stringfield, B., Thielman, N. (2007, June). *Disparities in hepatitis C virus knowledge among persons with HIV/AIDS*. Poster presentation at the 11th Biennial Conference of the Society for Community Research and Action (APA Division 27). Pasadena, California.
- Proescholdbell, R. J.**, Campbell, R., Henry, D., Lardon, C., Patterson, D., Miles, J., DeLuse, S., Lopez, M. (2007, June). *Research design choices in community research: Cultural and logistical lessons*. Symposium conducted at the 11th Biennial Conference of the Society for Community Research and Action (APA Division 27). Pasadena, California.
- Griffin, G., **Proescholdbell, R. J.**, Lombard, F., Thielman, N., Thomas, D., Scovil, J., Cooper, K., Fisher, B., & Flores, B. (2007, May). *Integrated HIV and substance abuse care among dually diagnosed PLWHAs*. Paper presented at the American Conference for the Treatment of HIV. Dallas, Texas.
- Lombard, F., **Proescholdbell, R. J.**, Stringfield, B., Blouin, R., Mugavero, M., & Thielman, N. (2006, October). *Disparities in hepatitis C virus knowledge among people living with HIV/AIDS*. Poster presentation at the 44th Annual Meeting of the Infectious Diseases Society of America (IDSA), Toronto, Canada. Abstract 890.

- Green, M. A., Lombard, F. M., **Proescholdbell, R. J.**, Bouis, S., Whetten, K., Cooper, K., Musselwhite, L., Quinlivan, E. B. (2006, November). *Integrated care: Delivery of substance abuse services to PLWHAs within HIV clinics*. Poster presentation at the 13th Annual Meeting and Exposition of the American Public Health Association, Boston, Massachusetts.
- Belden, C. M., Despard, M., **Proescholdbell, R. J.**, Lombard, F. M. (2006, November). Interconnecting HIV providers and informing clinical practice: Who to connect? What to exchange? In Cajina, A. (Moderator), *Integration of information technology and HIV care: Outcomes of the HRSA-funded SPINS IT Initiative*. Symposium conducted at the 13th Annual Meeting and Exposition of the American Public Health Association, Boston, Massachusetts.
- Barnes, D., Huebner, D. M., **Proescholdbell, R. J.**, & Nemeroff, C. J. (2006, August). *Testing negative for HIV decreases perceived vulnerability to HIV infection among men who have sex with men*. Poster presentation at the 2006 American Psychological Association Convention, New Orleans, Louisiana.
- Lombard, F., Stringfield, B., **Proescholdbell, R. J.**, Blouin, R., Mugavero, M., & Theilman, N. (2006, April). *Disparities in hepatitis C knowledge among people living with HIV/AIDS*. Poster presentation at the Duke University Global Health Symposium, Durham, North Carolina.
- Huebner, D. M., **Proescholdbell, R. J.**, Formoso, D. & Nemeroff, C. J. (2005, June). *What predicts participation in community-based HIV prevention programs among men who have sex with men?* Oral paper presentation at the 2005 National HIV Prevention Conference, Atlanta, Georgia.
- Proescholdbell, R.J.**, Roosa, M.W. (2005, June). *Concepts for the design of Psychological Sense of Community interventions*. Poster Session at the Tenth Biennial Conference on Community Research and Action, Urbana Champaign, Illinois.
- Cooper, K., **Proescholdbell, R.J.**, Musselwhite, L., Heine, A., Quinlivan, B. (2005, May). *Addictions treatment in primary HIV/AIDS medical settings in North Carolina*. Poster session at the Seventeenth Annual National Conference on Social Work and HIV/AIDS in Chicago, Illinois.
- Proescholdbell, R.J.**, Roosa, M.W., Long, D.A., Perkins, D.D., Bess, K., Sonn, C., Fisher, A., & Miles, J.C. (2003, June). *Innovative quantitative and qualitative approaches to sense of community assessment*. Innovative symposium-poster session at the Ninth Biennial Conference on Community Research and Action, Las Vegas, New Mexico.
- Proescholdbell, R.J.**, Deardorff, J., Taborga, M., Crowley, R., Jenkins, R., & Chambliss, J. (2001, June). *Nonacademic roles for community psychologists*. Roundtable discussion at the Eighth Biennial Conference on Community Research and Action, Atlanta, Georgia.
- Roosa, M.W., Tein, J.Y., Cree, W., Specter, M., Burch, S., Hipke, K.N., **Proescholdbell, R.J.**, & Updegraff, K. (2000, November). *Longitudinal study of neighborhood influences on parental involvement and children's school success*. Poster session presented at the Annual Conference of the National Council on Family Relations, Minneapolis, Minnesota.

- Becker-Klein, R., **Proescholdbell, R.J.**, Preston, C., Mohammad, S., Hoover, H., Wituk, S., Curnow, C., Navarro, M.D., Black, A., Bianca, W., & Martin, A. (2000, August). *Graduate student stipend and research funding: issues and directions*. Symposium conducted at the 108th Annual Convention of the American Psychological Association, Washington, D.C.
- Proescholdbell, R.J.**, Turro, G., Loomis, C., Rudolph, J., & Levin, G. (1999, June). *Ethical issues in community psychology*. Workshop conducted at the Seventh Biennial Conference on Community Research and Action, New Haven, Connecticut.
- Roosa, M., Nelson, K.A., **Proescholdbell, R.J.**, Updegraff, K., Michaels, M., & Tein, J-Y. (1999, June). *Examination of an ecological model of influences on children's academic achievement in a low-income, multi-ethnic, urban community*. Poster session presented at the Seventh Biennial Conference on Community Research and Action, New Haven, Connecticut.
- Cooper, J., Hunter Williams, J., Wituk, S.A., **Proescholdbell, R.J.**, & Turro, G. (1999, June). *Roles for community psychologists outside of academia*. Innovative session conducted at the Seventh Biennial Conference on Community Research and Action, New Haven, Connecticut.
- Suter, J., Belz, A., Cohen, J., **Proescholdbell, R.J.**, & Twohey, J. (1999, June). *Program development: What are the best ways to integrate the prevention science and community collaboration/participation models?* Symposium conducted at the Seventh Biennial Conference on Community Research and Action, New Haven, Connecticut.
- Proescholdbell, R.J.** (1998, August). *Families and smoking prevention: Adolescent age and home smoking policies*. Poster session presented at the 106th Annual Convention of the American Psychological Association, San Francisco, California.
- Belz, A., Cohen, J., Huebner, D., **Proescholdbell, R.J.**, & Taborga, M. (1998, February). *Minority prevention research within a community psychology framework*. Discussion group conducted at the Second Biennial Conference on Minority Issues in Prevention, Tempe, Arizona.
- MacKinnon, D.P., Sandler, I., Wilcox, K., & **Bell, R.J.** (1997, August). *Identification of family stress risk factors for child symptomatology using attributable risk*. Symposium conducted at the 105th Annual Convention of the American Psychological Association, Chicago, Illinois.
- Bell, R.J.** (1995, June). *The effects of volunteerism on student leaders of campus volunteer organizations*. Poster session presented and small-group discussion conducted at the Fifth Biennial Conference on Community Research and Action, Chicago, Illinois.
- Invited Talks:*
- Proeschold-Bell, R.J.** (2025, January 21). *Soul care: Practical, evidence-based practices for clergy and lay leaders*. Two-hour, online workshop. Berkeley Divinity School at Yale partnering with Leader's Way.

- Proeschold-Bell, R.J. & Yebuah, L.** (2024, April 21-22). Retreat thought leader and facilitator. *Provision of Love* with stress management and wellbeing content for all current and former women bishops of the United Methodist Church. General Conference 2024. Charlotte, NC.
- Proeschold-Bell, R.J.** (2024, January 15-16). Keynote speaker and facilitator of wellbeing practices. *Promoting the Health and Wellbeing of United Methodist Clergy*. Southeastern Jurisdiction Cabinet Consultation for all bishops and Cabinet members from 14 United Methodist Church Annual Conferences. St. Simons Island, Georgia.
- Proeschold-Bell, R.J.** (2023, October 16-18). Workshop thought leader and facilitator. *What it looks like to flourish and experience wellbeing in ministry* for the North Carolina United Methodist Church bishops and Cabinet members. Convocation and Pastors' School at Duke University. Durham, NC.
- Proeschold-Bell, R.J.** (2023, September 19-21). Workshop thought leader and facilitator. *Soul Tending: Tending to our hearts, our health, and our spiritual lives in leadership*. Greater New Jersey Annual United Methodist Conference. Sandy Cove, North East, Maryland.
- Biru, B., & **Proeschold-Bell, R.J.** (2023, September 20). *What families can learn from the positive mental health practices of caregivers to strengthen care for children*. Christian Alliance for Orphans annual meeting, St. Louis, Missouri.
- Proeschold-Bell, R.J.** (2022, Nov 2). Committing to wellbeing: Learning from flourishing clergy. Interactive presentation to the Central Conference of American Rabbis.
- Proeschold-Bell, R.J.,** Sohail, M.M., & Huynh, H. (2022, March 9). *Inaugural teacher wellbeing research report launch*. Webinar hosted by The Wellbeing Project and WISE of the Qatar Foundation. 400 participants registered; attendees from Ethiopia, South Africa, Nigeria, Kenya, Uganda, Sudan, Burkina Faso, Palestine, Qatar, Kuwait, Pakistan, India, Cambodia, Malaysia, Indonesia, Portugal, Spain, Belgium, Austria, France, Greece, Poland, Scotland, Sweden, Turks and Caicos, Nicaragua, Canada, Australia, the United States, Haiti, the Philippines, and Colombia.
- Proeschold-Bell, R.J.,** and Huynh, H. (2021, December). *Teacher wellbeing: Findings from a scoping literature review and case studies in Cambodia, Kenya, and Qatar*. Presented at the 2021 Wise Summit, Generation unmute: Reclaiming our future through education. Doha, Qatar.
- Proeschold-Bell, R.J.** (2021, November). *Clergy well-being and burnout: Implications for congregant care*. Webinar presentation for the Substance Abuse and Mental Health Services

Administration and the National Training and Technical Assistance Center for Child, Youth, and Family Mental Health.

Proeschold-Bell, R.J., Sellah, F., & Richardson-Frick, K. (2021, June). *Promoting Clergy Self-care and Well-being*. Spartanburg Interfaith Alliance.

Proeschold-Bell, R.J. (2021, February). *Intentional strategies for clergy to maintain mental health*. One of four co-keynote speakers for the National Organization for Continuing Education of Roman Catholic Clergy (NOCERCC) 2021 Convention (online due to COVID), <https://nocercc.org/convention>.

Proeschold-Bell, R.J. (2020, April). *Parenting in a pandemic: How do I do this “school at home thing”?* Panel speaker on positive emotions and resilience. Museum of Life and Science webinar. Durham, North Carolina, <https://youtu.be/jOij-nDBMwg>

Proeschold-Bell, R.J. (2020, January). *Faithful, fractured...and whole: How pastors achieve being fully alive*. Keynote speaker for four hours for 100 priests of the Catholic Diocese of Newark. Newark, New Jersey.

Proeschold-Bell, R.J. (2019, November). *Small practices to sustain positive mental health*. Keynote speaker for three hours for 100 clergy attending the UMC Northern Virginia Bi-District Clergy Meeting. Alexandria, Virginia.

Proeschold-Bell, R.J. (2019, November). *Faithful, fractured...and whole: How pastors achieve being fully alive*. Speaker for four hours across two days for clergy attending a statewide well-being event for the Georgia Baptist Cooperative Fellowship. Columbus, Georgia.

Proeschold-Bell, R.J. (2019, January). *Faithful, fractured...and whole: How pastors achieve being fully alive*. Keynote speaker for four hours for 600 clergy attending The Great Plains United Methodist Church Orders & Fellowship annual meeting. Kansas City, Kansas.

Proeschold-Bell, R.J., Kinghorn, W., & Amany, C. (2019, January). *Preventing caregiver burnout: Religion and strategies of flourishing in five global residential caregiving contexts*. International webinar presentation to the Christian Alliance for Orphans.

Proeschold-Bell, R.J. (2018, April). *What’s going right: the positive mental health of orphan caregivers in four countries*. Panel speaker for Progress in Global Mental Health: Updates from DGHI. Duke University, Durham, North Carolina.

Proeschold-Bell, R.J. (2017, September). *How flourishing pastors maintain high positive mental health*. Flourishing in Pastoral Ministry Conference, Azusa Pacific University, Azusa, California.

Proeschold-Bell, R.J. (2016, September). *Findings and programmatic suggestions from the Duke Clergy Health Initiative*. Duke Divinity School Board of Visitors. Duke University, Durham, North Carolina.

- Proeschold-Bell, R.J., & Meyer, R.** (2015, April). *Methods and findings from the Duke Clergy Health Initiative: Keys to living a spirited life*. Center for Spirituality, Theology, and Health. Duke University, Durham, North Carolina.
- Proeschold-Bell, R.J., & Case, A.** (2015, April). *The study of positive mental health in clergy: Lessons and methods for its study among college students*. Multi-University Resilience Project funded by The Duke Endowment. Duke University, Durham, North Carolina.
- Proeschold-Bell, R. J., & Muir, A.** (2015, January). *An RCT of integrated hepatitis C-alcohol treatment in three NC liver clinics*. Center for Addiction and Behavior Change Seminar Talk, Duke Division on Addiction Research and Translation. Durham, North Carolina.
- Proeschold-Bell, R.J., Belting, B., & Hiatt, J.** (2014, May). *Maintaining your health in ministry*. Duke Divinity School Field Education Training. Duke Divinity School, Durham, North Carolina.
- Proeschold-Bell, R.J.** (2014, February). *Social support and clergy mental health*. Mentoring for Ministry. Duke Divinity School, Durham, North Carolina.
- Proeschold-Bell, R.J.** (2013, May). *Collaborative care in HCV and substance use*. HIV Care 2013: Trends in Clinical Care and Caring for Vulnerable Populations. The School of Medicine of The University of North Carolina at Chapel Hill, Greensboro AHEC, and The University of North Carolina Eshelman School of Pharmacy. Chapel Hill, North Carolina.
- Proeschold-Bell, R.J.** (2012, September). *Leading a spirited life: Health disparities among clergy and their possible origins and solutions*. East Carolina University Center for Health Disparities Fall 2012 Lecture Series, East Carolina University, Greenville, North Carolina.
- Proeschold-Bell, R.J.** (2009, January). *Theoretical model of United Methodist clergy health*. Family and Social Dynamics Department, Arizona State University, Tempe, Arizona.
- Proeschold-Bell, R.J.** (2009, January). *Family Stability in a Down Economy*. Family Impact Seminar for Arizona state legislators, aides, foundation heads, and community-based organization leaders. Phoenix, Arizona.
- Cota, M., Formoso, D., **Proescholdbell, R.J.** (2004, April). *Training Cultural Competence in Professional Psychology*. Clinical Psychology Alumni Conference, Tempe, Arizona.
- Proescholdbell, R.J.** (2004, March). Panelist response to *The Politics of Privilege*. Fourth Annual Unity Through Diversity Luncheon, Duke University, Durham, North Carolina.

PROFESSIONAL ACTIVITIES

Scholarly Societies: American Psychological Association
 APA Division 27: Society for Community Research and Action

APA Division 36: Psychology of Religion
Society for the Scientific Study of Religion

Organizations and participation:

2023 – present	Member , Teacher Wellbeing Advisory Group, The Wellbeing Project and WISE of the Qatar Foundation
2009 – present	Member , Society for the Psychology of Religion and Spirituality (Division 36 of APA)
2003 – present	Member , American Psychological Association
2003 – present	Member , Society for Community Research and Action, Division 27 of the American Psychological Association
2004 – 2020	Member , American Evaluation Association
2012 – 2014; 2023	Member , Society of Behavioral Medicine
2009 – 2011	Co-Editor for a Special Issue of the <i>Journal of Prevention & Intervention in the Community</i>
2006 – 2009	Member , Society for Community Research and Action (Division 27 of APA) Nominations Committee
2003 – 2004	Co-Facilitator , Duke University Whiteness reading group
2003 – 2004	Member , RTP Evaluator’s Network
2003	Inaugural Class Participant , Durham City-County Neighborhood College Ten-week course on city and county government
2002 – 2003	Multicultural Apprentice , Counseling and Psychological Services, Duke University
1998 – 2000	National Student Representative , Society for Community Research and Action, Division 27 of the American Psychological Association
1997 – 1999	Founder , Community Psychology Interest Group, Department of Psychology, Arizona State University

Ad Hoc Journal Reviewer for:

PLOS ONE

Contemporary Clinical Trials

Journal of Substance Abuse Treatment

Annals of Behavioral Medicine

Journal of Religion and Health

Sociology of Religion: A Quarterly Review

Review of Religious Research

Archives of Pediatrics & Adolescent Medicine

AIDS and Behavior

American Journal of Community Psychology

Journal of Public Health Management & Practice

Journal of Primary Prevention

Journal of Psychology & Theology

Family & Community Health

Mental Health, Religion & Culture

Health Psychology

HONORS AND AWARDS

Outstanding Leadership in Sustainability Award, 2022; [Duke award](#) for making the University a more equitable workplace and securing the future of important research

Early Career Mentee, CFAR Social and Behavioral Sciences Research Network, 2006

Preparing Future Faculty Fellow, Arizona State University, 1999-2000

National Institute of Mental Health Training Award Recipient, Prevention Research Center, Arizona State University, 1999-2000

Faculty Women's Association Distinguished Achievement Award, Arizona State University, 1999

Regents Graduate Academic Scholarship, Arizona State University, 1996-1997

William J. Griffith Service Award, Duke University, 1993

Graduation with Distinction in Psychology, Duke University, 1993

TEACHING

Invited Lectures

- | | |
|---|--|
| 2024, Apr & Oct | Intervention Design, GLHLTH 101: Fundamentals of Global Health. Duke University |
| 2023, Nov | Duke Forever Learning Institute: Moderator, Transformative Ideas – The Search for Well-Being |
| 2020, April
2019, April
2018, Nov | Positive Mental Health and Sustained Ministry for Clergy. THL 683: Suffering, Healthcare, and Healing in the Christian Tradition, Lutheran Theological Southern Seminary |
| 2019 | Clergy and Health Behavior Change, CSM 3043-01, Palm Beach Atlantic University School of Ministry, Ben DeVan |
| 2018
Feb
Oct | Writing Interview Questions to Inform Technologies and Behavioral Interventions
BME/GLHLTH 230: Global Women's Health Technologies
Bass Connections: Low-cost Laparoscopic Surgery with Tele-mentoring |
| 2017 | Applications of Program Evaluation for Health. Panelist in GLHLTH 744: Program Evaluation for Health |
| 2017 | How to Write a Good Survey Item. Duke Global Health Institute Lunch & Learn |
| 2016 | Culture and Positive Mental Health. Residency Training Program, Department of Psychiatry and Behavioral Sciences, Duke University Medical Center |
| 2016 | Applications of Program Evaluation for Health. Panelist in GLHLTH 744: Program Evaluation for Health |
| 2016 | Conducting Focus Groups. Given at Duke University in Bass Connections: Interculturally Competent Analysis of the Uptake of Routine Vaccination |

- 2013 Innovative Intervention Research Design. Duke University School of Nursing, ADAPT Seminar Series, part of the Adaptive Leadership for Cognitive/ Affective Symptom Science Center funded by the National Institute of Nursing Research
- 2013 Process Evaluation. Given at Duke University in PubPol 813: Quantitative Evaluation Methods
- 2012 Process Evaluation. Given at Duke University in PPS 313: Quantitative Evaluation Methods
- 2012 Focus Groups: Data Collection and Analysis. Given in May at DGHI to both undergraduate and graduate students embarking on summer fieldwork
- 2011 Policy Considerations in Occupational Health. Given at Duke Fuqua School of Business in HLTHMGMT 491.201: Healthcare Operations
- 2009 Evaluation Research. Given at Duke University in GLHLTH 163: Research Methods in Global Health
- 2008 Ethical Decision-Making Models. Given at Duke University in PPS 81FCS.02: Disease Detectives: Introduction to Public Health Investigation and Practice
- 2008 Substance Abuse Treatment and Policy Considerations. Given at Duke University in ECON 193-07: Access to American Healthcare.
- 2007 Community Based Participatory Research. Given at Duke University in GLHLTH 151/251: Interdisciplinary Perspectives of Global Health Ethics course in the spring of 2007
- 2006 Measuring Health. Given at Duke University in PhyAsst 450: Introduction to Health Care Policy
- 2005 The 4th Step of the Public Health Cycle: Evaluation. Given at Duke University in PUBPOL 157: US Public Health Policy: A Practical Approach to Understanding Issues, Disparities Program Development and Policy Making

Courses

- 2017-2018 Faculty: "Women's Health and Technologies," Bass Connections Course Development Grant with co-lead Nimmi Ramanujam.
- 2016-2019 Faculty: "POCKeT Colposcope: Increased Distribution and Adoption," Bass Connections project with co-lead Nimmi Ramanujam, Lima, Peru.
- 2010 Faculty: "Health Promotion" (5 days), Peking University, Beijing, China.

2007 Faculty: “Research Training Short Course” (8 days), Moshi, Tanzania.

Student Team Experiences

Summer 2019 Led a joint North Carolina Central University (NCCU) – Duke University summer internship.

Summer 2018 Created a summer research internship to pair students from NCCU and Duke.

2016 - 2017 Project Leader (with Nimmi Ramanujam): Bass Connections in Global Health. Integrated learning to support development and adoption of an easy-to-use cervical cancer screening device, Lima, Peru. (Bass Connections Peru – Cervical Cancer)

2011 - 2012 Faculty Director: Student Research Training. Perceptions of young men who have sex with men of pre-exposure prophylaxis (PrEP).

2011 - 2012 Faculty Advisor: Moi Twinning Project. Health-related beliefs, experiences, and resources of United Methodist clergy in Western Kenya.

2023 – present Faculty advisor for Duke Student Living Group: Round Table (student-faculty interaction and community service themes)

Students and Mentees

DGHI Master of Science in Global Health students

2010 - 2011 Chelsea Whittle, Research Assistant and mentee

2011 Edgar Asiimwe, Thesis Chair

2012 Nikki Georggi, Thesis Chair and DGHI-Moi University Twinning student

2013 Jennifer Rackliff, Thesis Chair

2012 - 2013 Anna Uehara, Research Assistant

2013 - 2014 Sisira Gorthala, Research Assistant

2013 – 2014 Ashley Eisenberg, Research Assistant and Independent Study student

2013 - 2014 Bethany DiPrete, Thesis Chair

2014 – 2015 Adeola Awodele, Research Assistant

2014 – 2016 Prasana Khatiwoda, Research Assistant and Thesis Chair

2014 – 2016 Kathleen Perry, Thesis Co-Chair

2015 – 2017 Caesar Lubangakene, Research Assistant and Thesis Chair

2016 – 2018 Blen Biru, Research Assistant and Thesis Chair

2017 – 2018 Dilani Logan, Thesis Committee Member

2017 – 2019 Xiaoqian Liu, Research Assistant and Thesis Chair

2018 – 2019 Courtney Wimberly, Thesis Committee Member

2018 – 2019 Jessica Choi, mentor

2018 – 2019 Taylor Wall, Thesis Committee Member

2018 – 2019 James Plunkett, Research Assistant and Thesis Chair

2019 – 2020 Michelle Pieters, Thesis Committee Member

2020 – 2022	Alexa Namestnik, Research Assistant and Thesis Chair
2021 – 2022	Madeline Wilkerson, Thesis Committee Member
2021 – 2022	Mahgul Mansoor, Thesis Committee Member
2021 – 2023	Glaucia Salgado, Research Assistant and Thesis Committee Member
2021 – 2023	Chenxinan Ma, Research Assistant and Thesis Chair (Duke in Kunshan)
2022 – 2023	Isaac Eaves, Thesis Committee Member
2023 – present	Can (Alice) Cui, Research Assistant and Thesis Chair
2024 – present	Ryan Parker, Thesis Committee Member
2024 – present	OyinOluwa Adaramola, Thesis Committee Member

Duke Global Health Certificate students and other undergraduate students

2009 - 2010	Kimberly Atkins, Committee member for undergraduate thesis, Duke Center for Documentary Studies
2010	Ogechi Nwezi, Duke undergraduate student
2010 - 2011	Ji Won Yeom, Duke undergraduate student
2011	Sedlin Mertil, Duke Global Health Certificate student
2011	Alexandra MacLeish, Duke Global Health Certificate student
2012	Emily Jorgens, Duke Global Health Certificate student
2012	Sarah Berman, Duke Global Health Certificate student
2017 - 2019	Grace Cai, Duke Global Health and Psychology major student; collaborator
2018	Leticia Ross, NCCU social work student; summer intern
2019	Essence Ingram-May, NCCU student in Public Health Education; summer intern
2019	Ella Zalon, Berkeley City College Cognitive Science major, summer intern
2018 - 2020	Grace Smith, Duke Neuroscience and Psychology major student, summer intern
2019 - 2021	Sofia Labrecque-Nieves, Duke Global Health and Public Policy major student; summer intern and RA
2020	Khue Huynh, Duke Biomedical Engineering major, summer intern
2020	James Boyd, Duke Biomedical and Electrical, Computer Science Engineering major, summer intern
2020- 2022	Meagan Gillette, University of Virginia, Global Public Health & Music major, RA
2020 – 2021	LJ Castellano, Duke Sociology major, summer intern
2020 – 2021	Malcolm Smith Fraser, Master of Interdisciplinary Data Science student; RA
2020 – 2021	Jennie Sun, Duke Master of Interdisciplinary Data Science student; RA
2020 – 2021	Sean Kehoe, Duke Biology major; RA
2020 – 2021	Mason Eaglin, Duke English and Philosophy major; RA
2020 – 2021	Grace Geib, Duke Global Health and Psychology major; RA
2020 – 2021	Georgia Price, Duke Public Policy & Cultural Anthropology major; RA
2021	Hanul Bentley Choi, Duke Program II, Youth Empowerment for Global Reproductive Justice, RA
2021	Emmy Duerr, Duke Global Health and Biology major, RA
2021	Maya Montgomery, Duke Neuroscience and Global Health major, summer intern
2021	Emily Woodrow, Duke Global Health and Public Policy major, summer intern
2021	Ben Westlund, Wake Forest University, Exercise Science & Sociology major, summer intern
2021	Andrew Takais, Duke Biology and Computer Science, summer intern

2023 Hanul Bentley Choi, Duke Program II, Youth Empowerment for Global Reproductive Justice, Thesis Committee Member
 2024 – present Stephanie Minaya, Duke Global Health and Biology major, independent study
 2024 – present Achintya Inumarty, Duke Global Health major, experiential learning activity

Postdoctoral fellows

2014 – 2015 Andrew Case, PhD
 Fall 2016 Dan Hu, PhD, MA
 2015 – 2017 Jenna Mueller, PhD, co-mentor
 2015 – 2018 David Eagle, PhD
 2020 – 2022 Malik Muhammad Sohail, PhD
 2021 – 2022 Eunsoo Timothy Kim, PhD
 2022 – 2023 Jane Bo-Hyeong Lee, PhD

Doctoral, medical, and other (non-MSc in global health) master students

2007 - 2008 Andrea Bowen, Thesis Co-chair, third year Duke medical student
 2009 - 2012 Andrew Miles, Duke Sociology doctoral student
 2010 - 2011 Melanie Dobson Hughes, Duke Divinity doctoral student
 2013 - 2014 Tracy Clayton, Dissertation Committee Member, Garrett Doctor of Ministry Program student
 2013 - 2015 David Eagle, Duke Sociology doctoral student
 2015 Chenxiang Li, Biostatistics & Bioinformatics master’s student
 2016 Xin Liu, Biostatistics & Bioinformatics master’s student
 2017 – 2018 Nneka Molokwu, UNC master of social work student
 2019 Brian Engelhardt, Medical Student at Virginia Commonwealth University School of Medicine; summer intern
 2017 – 2020 Malik Muhammad Sohail, Sociology doctoral student
 2021 Anna Holleman, Sociology doctoral student
 2024 Wesley Buch, Toronto School of Theology

Mentees

2010 - 2012 Debra Richardson, Health and Wellness Trust Fellow
 2012 Sherine Adipo, Moi University Masters of Public Health student and DGHI-Moi University Twinning student
 2022 - 2024 Linda Wharton, Hood Theological Seminary

PARTICIPATION IN DGHI ACTIVITIES

Co-Chair, DGHI Appointments and Promotion Committee, 2019 - 2024
Member, Duke Center for Global Mental Health (previously Global Mental Health Initiative Advisory Group), 2017 – present
Member, DGHI Equity Taskforce, Communications subcommittee, 2020 - 2021
Member, Triangle Global Health Consortium Planning Conference Committee, Fall 2020
Member, DGHI Evidence Lab Advisory Committee, 2016 – 2020
Member, DGHI Secondary Reappointment Committee; also chaired a reappointment committee for a faculty person and participated on a committee for another, 2017

Director, DGHI Evidence Lab, Duke Global Health Institute, 2014 - 2016
Project Leader, Bass Connections in Global Health, 2016 - 2017
Member, Duke Center for AIDS Research Social and Behavioral Sciences Core, 2007 - 2016
Chair, Evidence Lab Committee, Duke Global Health Institute, 2013
Faculty Director, Student Research Training, Duke Global Health Institute, 2011 - 2012
Faculty Advisor, Moi Twinning Project, Duke Global Health Institute, 2011 - 2012
Pre-submission Grant Reviewer, Duke Global Health Institute, 2012 – 2013, 2016-2018
Member, Duke University Chancellor’s Implementation Science Committee, 2011 - 2012
Faculty Advisor, Health and Wellness Trust Fund Fellowship, 2010 - 2011
Member, Duke Global Health Institute Doctoral Scholars Committee, 2011 - 2012
Member, Duke Global Health Institute Fieldwork Grants Committee, 2010, 2011, 2013
Co-Director, Research and Evaluation Sector of the Health Inequalities Program, 2004 – 2008

EXTERNAL SUPPORT

PRESENT:

The Duke Endowment, ORC-2262-SP 6/1/23 – 5/31/26
Communications and Research Utilization Activities to Promote the Health, Wellbeing, and Support of Clergy and Seminarians \$814,200 over 3 years

This grant will fund development and enactment of a robust communications plan to spread the interventions, resources, and findings of 15 years of research on clergy health.

Role: Principal Investigator

The Duke Endowment, ORC-2242-SP 5/1/23 – 4/30/28
Creation and Use of a Clergy Health and Wellbeing Databank to Inform Programs, Policies, and Resource Allocation Decisions for Clergy \$3.0 million over 5 years

In this project, we will create a databank combining data from separate studies on clergy and seminary students’ physical and mental health with clear organization, documentation, and linking, to provide rich and comprehensive data spanning 17 years and more than 25,000 observations for analysis to answer a multitude of research questions. We will also conduct two more waves of the Clergy Health Initiative Longitudinal Survey, update the Clergy Flourishing Study, and conduct analyses.

Role: Principal Investigator

PAST:

The Duke Endowment 10/1/21 – 3/31/23
To Heal the Wounded Soul \$1.5 million over 1.5 years

This project designed and held nine retreats for two cohorts of Black Wesleyan pastors and one cohort of Latinx, Native American, Asian American, and Black pastors from North and South Carolina. The retreat content incorporated positive mental health research, attended to culture, and included a systems-level intervention to improve the community referrals pastors make for congregants, to both benefit congregants and potentially decrease time and stress burdens on clergy. Evaluation included a survey and focus groups.

Role: Principal Investigator (with David Emmanuel Goatley, multiple PI)

The Duke Endowment, ORC-2096-SP 7/1/18 – 6/30/23
Selah Stress Reduction Intervention Study \$2.1 million over 4 years
This study will pilot four stress reduction interventions tailored to clergy. The two or three interventions found most acceptable by clergy will be brought forward to a clinical trial with a randomly assigned waitlist control. The primary outcomes are self-reported stress symptoms and heart rate variability; positive mental health will be explored as a moderator and outcome.
Role: Principal Investigator (with Carl Weisner, multiple PI)

The Duke Endowment 7/1/18 – 6/30/23
Longitudinal, mixed-methods study of clergy well-being \$1.25 million over 5 years
This study aims to determine longitudinal relationships between dimensions of physical health and physical illness, mental health and mental illness, and spiritual well-being and struggle, among clergy in the context in which they work. Two additional waves of the clergy health panel survey will be conducted and data will be combined with the first 11 years of data collection. In addition, rapid response studies will be conducted in response to new ideas. Findings will be disseminated to academic and clergy occupational audiences.
Role: Principal Investigator (with Carl Weisner, multiple PI)

The Duke Endowment (Eagle, D, & Weisner, C) 7/1/18 – 6/30/23
The Seminary to Ministry Study \$2.5 million over 5 years
The Seminary to Ministry Study is a longitudinal mixed methods study of one graduating and three entering classes of Duke Divinity students. This study will collect a variety of social, psychological and contextual data on seminarians during their training and into the first several years of their careers. It aims to help both academic and professional audiences better understand the professional formation of divinity students.
Role: Investigator

Qatar Foundation 11/1/2020 – 12/31/2021
Transforming and Sustaining: Wellbeing Practices for Teachers and Caregivers of Children
Using a case study methodology, we will identify innovative practices for promoting teacher well-being and preventing teacher burnout in high-performing schools that are both well-resourced and low in resources in Kenya, Cambodia, and Qatar. We will examine state policies and local educational structures that correlate with teacher well-being. We will also conduct a multinational literature synthesis on correlates of teacher burnout, well-being interventions, and the relationship between teacher well-being and student outcomes.
Role: Principal Investigator (with Kathryn Whetten, multiple PI)

Duke Global Health Institute 9/1/2020 – 8/31/2021
Strengthening Families during COVID-19: Building Togetherness and Hope
In this study, we will collaborate with community partners to adapt an evidence-based family strengthening intervention developed in the context of western Kenya, for families in Durham, North Carolina. The intervention will focus on family communication and emotions, with attention to the stressors currently experienced due to COVID-19. In addition, we will infuse positive emotions interventions to bring hope and gratitude and enhance family members' openness to ideas presented in the intervention.
Role: Co-Principal Investigator (with Eve Puffer, PI)

Duke Department of Medicine, Division of Gastroenterology 2/1/20 – 8/31/20
GI Faculty Burnout & Purpose Study

In this mixed-methods study, guided by stress appraisal and burnout models, we will identify structural and intrapersonal sources of medical provider burnout and possible actions to reduce burnout. In addition, guided by positive mental health frameworks, we will identify areas of meaning, purpose and enjoyment and possible actions to promote those.

Role: Principal Investigator

1R21TW011223-01 (Vasudevan, L) 07/15/2018-07/14/2020
Fogarty International Center (NIH)

mHealth-supported telecolposcopy for cervical cancer programs in low-resource settings

The overall goal of this study is to evaluate the feasibility and preliminary efficacy of an mHealth-supported telecolposcopy approach in community settings in Lima Peru, in order to reduce the screening-to-treatment gap among women with cervical cancer.

Role: Investigator

228429 (Proeschold-Bell, R) 1/1/17 – 12/31/19
Blessed Earth / The Duke Endowment \$485,000

Sabbath Living Evaluation

Sabbath Living is an intervention designed to teach and encourage United Methodist clergy in North Carolina to set apart one day a week for spiritual and recreational activities. In this mixed-methods evaluation, we compared the positive mental health and spiritual well-being outcomes (primary outcomes), as well as depression and anxiety outcomes (secondary outcomes) between two groups of clergy: 1) clergy who attended a Sabbath Living workshop and proceed to engage in Sabbath-keeping, versus 2) clergy who attended a Sabbath Living workshop and did not go on to engage in Sabbath-keeping. We will also examined the potential explanatory pathway of social support.

Role: Principal Investigator

R01AA021133-01A1 (Proeschold-Bell, R, & Muir, A) 9/5/13 – 5/31/19
National Institutes of Health/NIAAA \$2.48 million over 5 years

Hepatitis C – Alcohol Reduction Treatment (Hep ART)

This study employed a randomized controlled trial of hepatitis C patients in three liver clinics to examine the impact of an integrated model of alcohol treatment. The integrated model included brief alcohol counseling from the patient's hepatologist; co-locating addictions therapists in the liver clinic; and individual and group therapy that emphasizes the interplay between alcohol and liver health. The integrated model was compared against brief alcohol counseling from the patient's hepatologist and referral to outside alcohol treatment.

Role: Principal Investigator (with Andrew Muir, multiple PI mechanism)

Proeschold-Bell, R 9/1/16 – 6/30/18
John Templeton Foundation / Saint Louis University \$295,000 for 2 years

Flourishing mental health in caregivers: A mixed methods study of religion and virtue across four countries and religious traditions

This interdisciplinary, cross-cultural study sought to understand pathways for sustaining flourishing mental health among caregivers of orphans living in four countries (India, Kenya, Ethiopia, and

Cambodia) and of four religious traditions (Christianity, Islam, Hinduism, and Buddhism). This qualitative and quantitative study included interviews, surveys, and diaries. The findings aimed to advance theoretical concepts of stress, coping, and well-being; to inform the measurement of virtue; and to provide practical guidance on how caregivers in challenging contexts can flourish.

Role: Principal Investigator

ORC-1447SP (Proeschold-Bell, R)
The Duke Endowment

7/1/14 – 6/30/18
\$785,263 for 5 years

Longitudinal, mixed-methods study of clergy well-being

This study aimed to determine longitudinal relationships between dimensions of health. One focus was to identify the predictors of physical health and physical illness, mental health and mental illness, and spiritual well-being and struggle, among clergy in the context in which they work. The second focus was to pool the findings of all data sources of the Duke Clergy Health Initiative and disseminate those findings to academic and clergy audiences.

Role: Site Principal Investigator

Huchko, M
Duke Global Health Institute Pilot Grant

2/1/18 – 1/31/19

An Exploration of Community Health Volunteer Characteristics, Motivations, and Experiences in Western Kenya (Maternal, Adolescent, and Child Health Pilot Grant)

Role: Collaborator

Weisner, C
The Duke Endowment

4/1/17 – 6/30/18

Stress Inoculation Evaluation Planning Grant

We partnered with Glenn Murphy of NCSYSTEMA to plan a rigorous evaluation of his stress inoculation training and to tailor it to United Methodist clergy in North Carolina.

Role: Co-investigator

R01 CA193380-01 (Ramanujam, N)
National Institutes of Health: AIP

4/1/15 – 3/31/20
\$564,812

Culturally appropriate screening and diagnosis of cervical cancer in east Africa.

Role: Co-investigator

R01 CA195500-01 A (Ramanujam, N)
National Institutes of Health: Quick Trials

4/1/15 – 3/31/18
\$176,600

A viable solution for a see and treat paradigm for cervical pre-cancer in Africa.

Role: Co-investigator

ORC-1447SP (Toole, D)
The Duke Endowment

7/1/13 – 6/30/17
\$5.74 million for 4 years

Duke Clergy Health Initiative

This follow-up grant aimed to build on our understanding of clergy physical and mental health and spiritual well-being, and to improve upon Spirited Life, a holistic health intervention for United Methodist Church clergy in North Carolina.

Role: Co-Principal Investigator

Social Entrepreneurship Accelerator at Duke (SEAD) (Baumgartner, J) 4/1/15 – 8/31/16
USAID

Evaluation Tools Development for Social Entrepreneurs

This project developed and tested three evaluation tools for optimal accessibility and use with social entrepreneurs in India and East Africa. The tools are: cost effectiveness; patient-level health outcomes; and community-level health outcomes when businesses expand.

Role: Co-Principal Investigator

1R01MH100970-01 (Pence, B) 7/1/13-6/30/15
National Institutes of Health: NIMH \$20,142

The Casual Effect of Effective Depression Treatment on HIV Outcomes in CNICS

The major goals were to characterize the frequency of adequate vs inadequate antidepressant treatment provided within HIV clinical care; to estimate the magnitude of the effect of antidepressant treatment, and specifically adequate antidepressant treatment, on HIV-related behavioral and health outcomes using state-of-the-art causal inference methods; and to assess whether the effect of adequate depression treatment on HIV outcomes differs for certain subgroups, such as those with greater depressive severity, concurrent anxiety, or problematic alcohol or drug use.

Role: Investigator

P30 AI064518-06 (Weinhold, K) 7/15/10 – 6/30/15
National Institutes of Health/NIAID \$134,280

Social and Behavioral Science Core, Center for AIDS Research

This project aimed to build the capacity for Duke University researchers to implement HIV-related behavioral research.

Role: Investigator

ORC-1447SP (Toole, D) 9/1/07 – 6/30/14
The Duke Endowment \$12 million for 7 years

Duke Clergy Health Initiative

The major goals of this project were to understand the antecedents and malleable influences of clergy physical and mental health and spiritual well-being, and to design, implement, and sustain health interventions for United Methodist Church clergy across North Carolina.

Role: Co-Principal Investigator

H79 TI 018825-01 (Proeschold-Bell, RJ) 9/30/07 – 3/31/13
DHHS/HRSA/SAMHSA \$478,275 per year

Carolina Alcohol and Drug Expansion Team (CADET)

This health services study examined the impact of a continuum of substance abuse treatment for persons with HIV/AIDS and/or mental illness offered in 3 integrated medical-behavioral health environments.

Role: Principal Investigator

<p>R21AA017252-01A1 (Muir, A) NIAAA/NIH <i>Hepatitis C – Alcohol Reduction Treatment (Hep ART)</i> Integrated Treatment of Persons with Co-Occurring HCV and Alcohol Use/Abuse This study examined the implementation and alcohol and health outcomes of an integrated HCV-alcohol treatment program. Role: Co-Principal Investigator</p>	<p>09/15/08 – 11/15/10 \$409,500 for 2 years</p>
<p>P30-AI64518 (Weinhold, K) National Institutes of Health/NIAID <i>Social and Behavioral Science Core, Center for AIDS Research</i> This project sought to build the capacity for Duke University researchers to implement HIV-related behavioral research. Role: Investigator</p>	<p>7/1/07 – 6/30/10 \$326,390 per year</p>
<p>Duke-Durham Partnership (Bartlett, J) Durham Health Innovations Duke Translational Medicine Institute, Duke School of Medicine <i>Prevention and Treatment of Human Immunodeficiency Virus, Sexually Transmitted Diseases and Hepatitis in Durham County: A Novel, Coordinated Partnership between Duke, UNC, the Durham County Health Department and Community Organizations</i> This study examined current coordination of HIV, STD, and hepatitis testing and linkages to care in Durham, NC, to design a more innovative and potentially effective system. Role: Investigator</p>	<p>4/1/09 – 12/1/09 \$100,000</p>
<p>1 HH97 HA08479-01 (Lombard, F) HRSA/SPNS <i>Regional Health Information Integration Project (RHIIIP)</i> This study examined the physical and mental health outcomes of integrating HIV ancillary care providers with infectious disease medical services via a regional health information network. Role: Investigator</p>	<p>9/1/07 – 8/30/11 \$379,237 per year</p>
<p>6H79T114386 (Whetten, K) DHHS/HRSA/SAMHSA <i>Expansion: Capacity Building for Persons with HIV, Substance Abuse and Mental Health Diagnoses</i> This study examined the substance use and medical outcomes of an integrated medical-behavioral health model that provided mental health and substance abuse services to persons with HIV. Role: Lead Evaluator</p>	<p>10/1/02 – 9/30/08 \$2.5 million for 5 years</p>
<p>G92CSO2237-02-02 (Stringfield, B, & Lombard, F) DHHS/HRSA/BPHC <i>Piedmont HIV Integrated Community Access System (PHICAS)</i> This study examined the effect of interventions designed to integrate hepatitis C care into existing HIV care systems and to improve access to health care among the un- and under-insured. Role: Lead Evaluator</p>	<p>9/1/03 – 6/30/07 \$1.9 million for 4 years</p>

1H97HA-00263 (Whetten, K)
HRSA/SPNS

9/1/02 – 8/31/07

Information Technology and Health Outcomes

This study examined the physical and mental health outcomes of integrating case management and infectious disease medical services via shared electronic medical records for persons with HIV.

Role: Lead Evaluator

National Institute of Mental Health Training Grant (Proescholdbell, RJ) 1999 – 2000

Psychological Sense of Community

\$3,300

Psychological Sense of Community Among Members of a Relational, Non-Geographic Group

Role: Principal Investigator

Cooperative Agreement 99004 (Nemeroff, C)

12/31/98 – 6/30/01

CDC/Arizona Department of Health Services

\$283,200 for 2.5 years

HIV Prevention Service Use Among Men Who Have Sex With Men

This longitudinal study of 712 gay and non-gay identified men who have sex with men examined barriers to, and predictors of, HIV prevention service use by level of HIV risk.

Role: Co-Principal Investigator (as a graduate student)

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